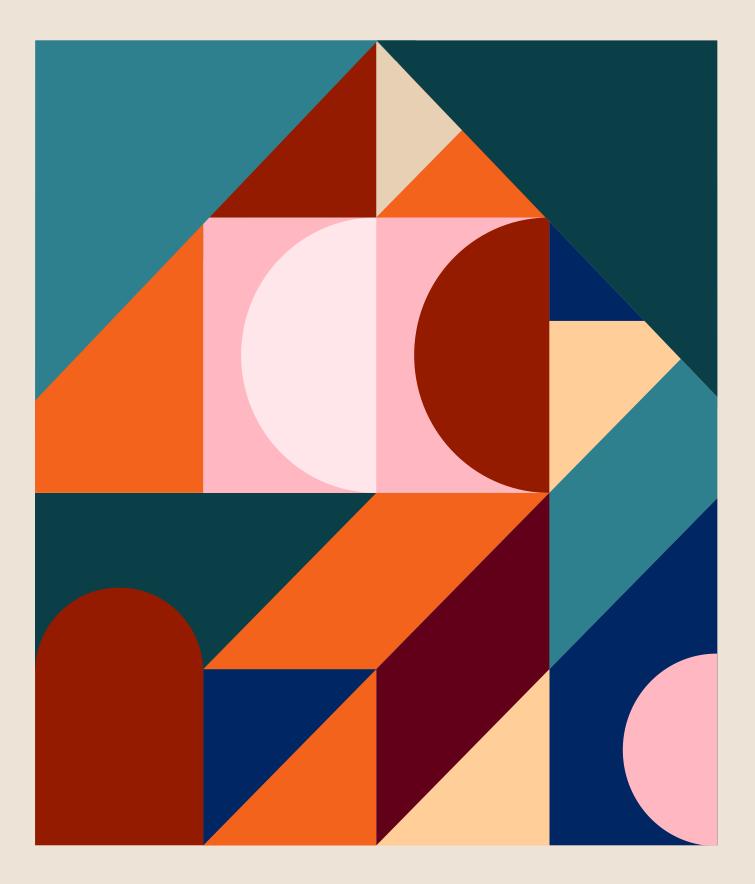


# Seniors Housing Design Guide

November 2023

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# Seniors Housing **Design Guide**



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NSW

Planning & Environment

#### **SENIORS HOUSING DESIGN GUIDE 2023**

#### ACKNOWLEDGMENTS

These guidelines have been prepared by Calder Flower Architects Pty Limited, commissioned by the NSW Department of Planning and Environment.

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Special thanks to the architects, Aged Care and Retirement Living providers, planners, specialist consultants and DPIE staff that assisted in the preparation of this document.

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## Acknowledgement of Country

The Department of Planning and Environment acknowledges the traditional custodians of the land and pays respect to Elders past, present and future.

We recognise Australian Aboriginal and Torres Strait Islander peoples' unique cultural and spiritual relationships to place and their rich contributions to society.

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# Seniors Housing **Overview**



# Introduction

Designing and developing quality, affordable and accessible accommodation for senior people within familiar neighbourhoods addresses one of society's critical needs.



The NSW Government is committed to creating a pipeline of safe and suitable homes to meet housing needs, and supporting councils to improve their local areas for future communities.

One of the ways it is doing this is through this guide, which is intended to make it easier for designers and councils to design and assess purpose built seniors housing.

While many older people remain in their family home, there are many who have difficulty accessing services and managing daily needs and become socially isolated and fearful.

Housing that is designed to build socially connected communities, where people feel safe and secure, where new friendships can flourish, where the building maintenance is managed, where the hazards of stairs and cramped bathrooms are no longer present, promote healthy ageing and longevity and enable care and reassurance to be delivered.

As human beings we are instinctively programmed for survival and the obvious outcome of this is a long life. Living a long life and reaching old age is what most people aspire to. It is common for active people of all ages to feel uncomfortable with the undignified side of care and in particular, collective communal accommodation of senior people in 'care environments'.

While people generally hope to remain independent and strong, ageing is a natural stage in life and we need to provide communities that support healthy ageing.

Aged care has evolved and continues to evolve from the institutional models of the past, to a much wider offering including luxurious care homes that offer hotel-like services, home-like environments offering the comforts and scale of a domestic house, or simple budget driven pragmatic care spaces that are elegant and strongly connected to sustainable design principles.

There is no doubt that 'residential aged care' as a building type has become a recognisable form of development at scale.

These Guidelines are for planners, designers and council authorities to gain understanding of this housing typology. Aged care and retirement living is no less significant than any other housing type, and it can be argued that it is potentially more so because unlike most other phases of life, older people spend more time in their homes, and sometimes seldom leave.

The term seniors housing is used as an over-arching description to identify the different types of accommodations for older people.

Seniors housing includes residential care facilities which are also known as among other identifiers, a residential aged care facility (RACF), residential care (RC), residential aged care (RAC), nursing home or care home or hub and is a place where residents are provided with full time care and assistance with daily life. These residents are typically frail and have high care needs often including advanced progressive dementia.

Seniors housing also includes apartments or villas for older people who are able to continue to live independently and 'age in place'. Residents are often focused on their health, wellbeing and socialisation and typically seek out like-minded communities to move to when they feel the need to plan for long term support. This housing type known as independent living units, are also referred to as ILU's, retirement living, RL's, and 'ageing in place' accommodation.

'Co-located care' broadly describes a development that includes both residential care facility and independent living units.

Looking to the future, the purpose of this guide is to inspire developers and design professionals to improve building design and delivery that will contribute positively to neighbourhoods and be recognised as noteworthy contributions to the built environment. Well considered urban design and good architecture have the power to influence the common preconceived negative perceptions of aged care, to create a wider acceptance of this building type and the essential good they provide to communities.

The SEPP (Housing) 2021, of which seniors housing is a component, identifies seniors housing as another type of housing and not as institutional development.

This guide has been prepared, written and compiled by architects who specialise and are experienced in the design and delivery of all forms of seniors housing. Valuable input has been provided from the aged care community and care providers, and developers of seniors housing, as well as other disciplines of the design team, including planning, social engineering, landscape design, environmentally sustainable design and marketing.

User group workshops and post occupancy studies have been undertaken to provide real-life feedback from built projects that are occupied.

# Why seniors housing needs **guidelines**

Seniors housing, by its nature, must be designed to deliver improved health and social outcomes for the occupants.

Australians are going to be living much longer and seniors housing developers need to provide a built environment that encourages wellness with the greater purpose of bringing people together.

These buildings are structured around a service model that often includes staff. Designers of seniors housing are encouraged to imagine what it is like to live and work within these developments.

The provision and delivery of care is changing. Residents choose the care they want to receive in their home and designers are obliged to recognise that homes for older people require to be setup to enable carers to safely dispense care duties. These homes also need to be designed to support the physical needs of older, often frail people, to support them to continue to live either independently or with adaptive assistance.

A residential care facility is a highly serviced building providing 24-hr care and assistance to residents. This building type is typically made up of individual bedrooms with ensuites.

Communal lounges and dining areas are shared by residents in small groups, and staff utilities are available to deliver care services. Back-of-house operations, together with kitchen and laundry services, maintenance, storage and staff amenities typically make up a sizeable component in the development.

These guidelines identify four parts that will inform and assist developers, their consultant teams and planning authorities to understand the specific character and accommodation types that occupants need from this housing type. This design guide highlights that seniors housing is different from other housing types because it needs to meet the physical and social challenges of ageing.



## Why **seniors housing** is desired

## Many older people want to move to seniors housing communities for the following reasons





BELONGING

To develop a sense of community between the occupants of the building.



friendships, and to

reduce loneliness &

isolation.



#### ENGAGEMENT To have the choice to

participate in events and group activities.



**SECURITY** To provide a safe and secure environment.



#### AGEING IN PLACE

To have space that enables and supports ageing at home with assistance and care as required.



LOCALITY

To be able to live near their familiar neighbourhoods and families.



COMMUNITY

To be able to enjoy daily life, companionship and shared experiences in a familiar local environment.



#### NOURISHMENT

To have convenient access to a café, dining or food service.



#### PEACE OF MIND

To know that building maintenance, gardening, utilities management is taken care of.



#### HEALTH & WELLBEING

To have convenient access to wellness and allied health services located in the development.

# How to use this guide

The SEPP (Housing) 2021 refers to the following types of seniors housing:

- Independent living units
- Residential care facilities





The guide uses colour coding to explain and differentiate the types of seniors housing throughout the document, with the residential care facility highlighted in TEAL, the independent living units depicted in ORANGE, and community spaces in PINK.

Diagrams utilise the colour coding to highlight types of seniors housing in the examples provided. Where practicable, diagrams and images have been provided to illustrate design guide objectives.

#### Differences in the two main building types

#### **RESIDENTIAL CARE FACILITIES**

- High care needs but it is a home, not a hospital.
- Comprise of individual room modules (bedroom + ensuite) with shared living spaces.
- Residents are housed in shared 'care households' or 'care wings' of typically 7 - 20 beds each, with care households frequently operating side by side in pairs for efficiency.
- Each floor plate needs to be a continuous, consistent flat level.
- Repetition of individual room types often defines exterior façade and character.
- Balconies and upper level terraces require extra safety measures to prevent falling from climbing of confused residents.
- Security and safety for residents with dementia is usually required.
- Serviced care accommodation requires central back-of-house commercial kitchen and laundry services, as well as single main front entry and front-of-house services, typically with reception, offices and wellness facilities.
- Care and operational staff require car parking and facilities.
- Buildings are developed, owned and managed for the long term by the care provider.

#### **INDEPENDENT LIVING UNITS**

- Low to high care needs for ageing in place.
- Comprise of apartment style accommodation with communal and shared areas.
- Residential apartments or villas are designed for accessibility and adaptability.
- Ageing in place promoted by Government funding to encourage ageing residents to remain in place and receive inhome care.
- Mix of unit types include care apartments with the provision of serviced areas and communal dining.
- These are supported communities that require the provision of generous and varied shared communal recreation spaces to promote social inclusion, activities and wellness.
- Residents often have their own cars, also increasingly share cars or concierge car service provided.
- These developments are usually procured, owned and managed for the long term by the retirement village operator.



The purpose of these guidelines is to expand on the intent outlined in the State Environmental Planning Policy (Housing) 2021 in the provision and delivery of this sector specific housing typology.

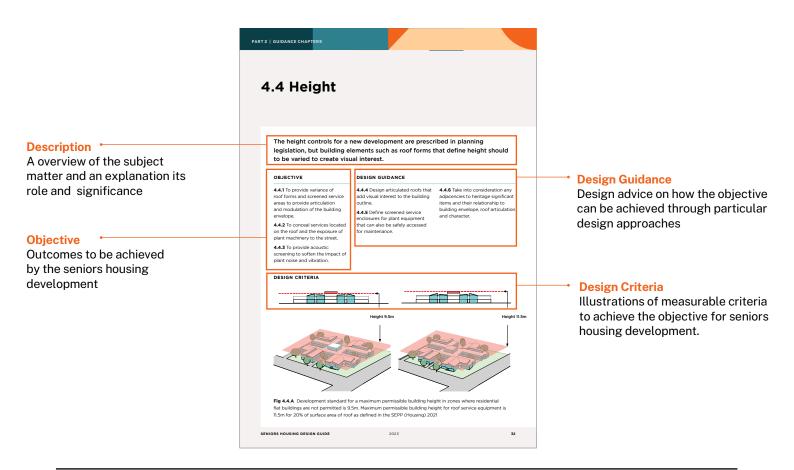
This design guide is not an exhaustive study of every scenario for seniors housing, but touches on the complexities of inserting an atypical form and scale of housing in developing and established neighbourhoods.

The guide is comprised of four parts.



The next 10-20 years will see much change in the expectations and the general acceptance of housing that is provided specifically for older communities. It is anticipated that regular reviews and updates to the design guide will be undertaken to keep it current and relevant.

The Seniors Housing Design Guide is to be used in conjunction with the State Environmental Planning Policy (Housing) 2021, which sets out the NSW Government's policy direction for seniors housing in NSW.



#### Achieving the objectives:

Parts 2 and 3 of the Seniors Housing Design Guide provide, objectives, design guidance and design principles.

- **1. A description** of the topic and an explanation of its role and importance
- 2. Objectives that describe the desired design outcomes
- **3. Design guidance** that provides advice on how the objectives and design criteria can be achieved through appropriate design responses
- **4. Design criteria** is illustrated with diagrams and figures that illustrate how an objective can be achieved.

The information provided in Parts 2 and 3 set the framework for how a new development needs to demonstrate that it meets the objectives.

The design guidance provides a practical way in which an objective can be achieved. Where design criteria is not illustrated, the design guidance should be referred to when demonstrating how an objective is being achieved.

Diagrams illustrate key issues and provide examples of how the design guidance can be applied when considering the design response, siting, context, setbacks, compliance with the SEPP (Housing) 2021 controls, heritage etc.

This Guide responds to the challenges, innovations, provision of care, post-occupancy studies and the latest research. The guidance provided references a range of social, environmental, technical, sustainable and aesthetic considerations that will assist the user in their design process.

Designers and consent authorities only need to consider the part or parts of the guide that is or are relevant to the type and density of a seniors housing proposal.

# Guidance chapters



# **Guidance chapters**

Designing housing solutions for seniors, guidance is provided in the following 7 chapters to understand the site, the context and future resident needs;

CHAPTER 1.0 Design for Country

CHAPTER 2.0 Care for the planet

CHAPTER 3.0 Site analysis environmental response

CHAPTER 4.0 Site analysis urban response

#### CHAPTER 5.0 Heritage

#### CHAPTER 6.0

Care, wellbeing and community

#### CHAPTER 7.0

Design for physical ageing and dementia





## **1.0 Design for Country**

Country is living, constantly changing, and evolving. Many ecosystems exist across different realms of Country including both living and non-living elements.

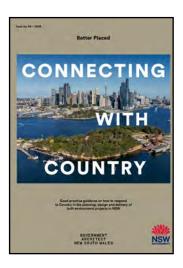
Country has purpose, operating at multiple scales from the cosmic to the molecular and everything in between. *Connecting with Country (GANSW, 2023)* is a framework providing good practice guidance on how to respond to Country in the planning, design, and delivery of built environment projects, including seniors living, in NSW.

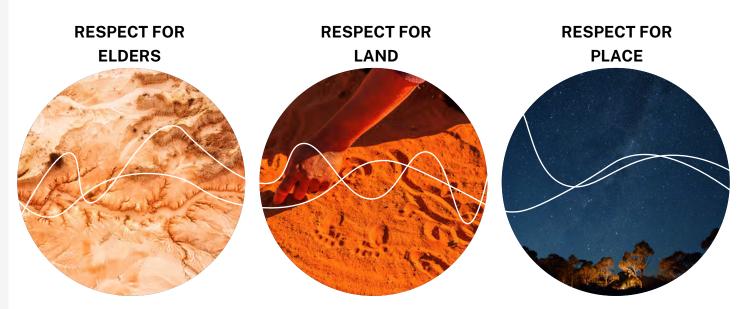
The framework is intended to help project development teams by advocating ways they can develop cultural awareness, respond to changes and new directions in planning policy relating to promoting the sustainable management of Aboriginal built and cultural heritage, as well as suggesting place-led design approaches. It also aims to help project teams gain a better understanding of, and to better support, a strong and vibrant Aboriginal culture in our built environment.

#### The framework provides guidance on designing with Country through:

- Focusing on practices for enabling new ways of working, actions for implementing the framework, outcomes and design considerations
- Sharing case studies across the scales of precinct, individual buildings and small projects
- Outlining five key outcomes for Country,

- 1. Healthy Country
- 2. Healthy Community
- 3. Protecting Aboriginal Cultural Heritage
- 4. Cultural Competency
- 5. Better Places





#### **CHAPTER 2**

# 2.0 Care for the planet

- 2.1 Leadership
- 2.2 **Construction impacts**
- 2.3 Life-cycle and maintenance
- 2.4 Sustainable design



### 2.1 Leadership

Environmental responsibility and leadership from the whole development team for seniors housing is critical in addressing climate change.

Sustainably designed buildings will generate long-term value for building owners. Developers who cater to the demands of the growing demographic of older people will be expected by their stakeholders to reduce energy and water consumption, reduce waste generation and increase renewable energy use for powering all seniors housing types.

#### OBJECTIVE

#### **DESIGN GUIDANCE**

**2.1.1** To demonstrate initiatives for implementing sustainable design and construction practices.

**2.1.2** To take responsibility for minimising harmful outcomes on the natural environment and its resources.

**2.1.3** To reduce long term running costs.

2.1.4 To reduce carbon emissions.

**2.1.5** Implement technologies and systems that reduce the demand and costs of energy.

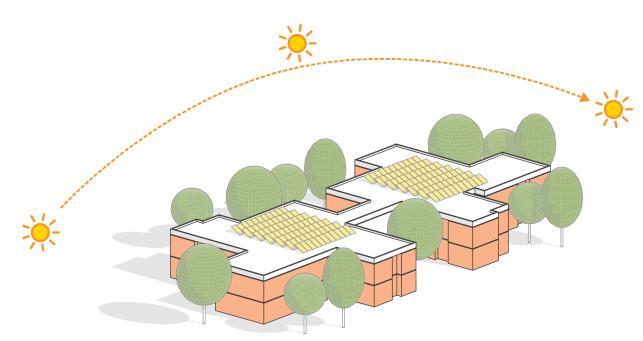


Fig 2.1.A Optimise roof surface area and orientation for solar collectors

### **2.2 Construction impacts**

New construction will have an impact on the environment through outcomes such as air and water pollution, potentially harmful atmospheric emissions, generation of landfill waste and disruption of the natural topography, flora and fauna.

#### OBJECTIVE

**2.2.1** To implement actions for sustainable construction practices that reduce environmental degradation, and depletion of essential natural resources of energy, water, land, air and raw materials.

**2.2.2** To reduce environmental pollution and to minimise waste.

#### DESIGN GUIDANCE

**2.2.3** Apply construction processes to cut down on waste during construction and manage the use of building materials and resources economically.

**2.2.4** Choose sustainably manufactured building materials.

**2.2.5** Source locally manufactured building materials over imported products.

**2.2.6** Reduce plastic use during construction.

**2.2.7** Protect existing on-site vegetation.

**2.2.8** Recycle demolition and construction waste.



Fig 2.2.A Commencement of construction for a new residential care facility

### 2.3 Life-cycle and maintenance

Consider the long term impact of the completed building on the environment post-construction.

#### OBJECTIVE

**2.3.1** To create buildings that have longevity and are comfortable, liveable and safe throughout their life cycle.

**2.3.2** To extend the natural life cycle of buildings.

**2.3.3** To provide safe access for regular maintenance and upkeep.

**2.3.4** To preserve the integrity of the building and prevent deterioration.

#### **DESIGN GUIDANCE**

**2.3.5** Use pre-finished and low maintenance robust materials.

**2.3.6** Use quality and sustainable products such as door hardware for continued ease of use.

**2.3.7** Use quality materials that endure to reduce landfill, replacement costs and wastage.

**2.3.8** Design for end of life; disassembly, recycling and minimising waste from demolition.



Fig 2.3.A Life cycle graphic of a building

### 2.4 Sustainable design

#### Good design embodies sustainable design elements.

#### OBJECTIVE

**2.4.1** To make building environments that are healthily connected to the outdoors, and that use natural passive principles to reduce the demand on energy by applying sustainable design features.

**2.4.2** To manage water usage and avoid depletion of fresh water resources for maintenance and services.

**2.4.3** To reduce the impact on the environment, by recycling materials and/or reusing existing buildings that may be suitable for adaptation or reuse.

#### **DESIGN GUIDANCE**

**2.4.4** Design buildings that have operable windows, other measures may include high performance insulation, double glazing and generous shading to glazed windows and doors.

**2.4.5** Design for natural cross ventilation and provide ceiling fans.

**2.4.6** Design systems that capture and recycle rainwater for use in landscape irrigation as well as for building services.

**2.4.7** Where possible adapt or reuse existing buildings, in particular those with heritage values to lower the impact on the environment.



**Fig 2.4.A** Stand alone residential care facility with extensive photovoltaics on the roof and shading to the building envelope

#### **CHAPTER 3**

# 3.0 Site analysis environmental response

- 3.1 Environmental conditions
- 3.2 **Planning for environmental constraints**



### **3.1 Environmental conditions**

Sites for seniors housing developments can be large scale properties in existing urban and suburban zones which are often overlaid with multiple environmental sensitivities that will influence the planning response.

#### OBJECTIVE

**3.1.1** To fully understand the natural physical characteristics of a site in order to formulate an appropriate built response for the development of the land.

**3.1.2** To provide increased protection from extreme climatic or environmental events in buildings occupied by people who are particularly vulnerable because of age, illness and acute disability.

**3.1.3** To manage and preserve existing natural features such as trees, overland flow paths, riparian corridors, and sensitive environments.

**3.1.4** To identify the historical character of the site and preserve the heritage significance of the area.

**3.1.5** To deliver seniors housing that acknowledges and respects Aboriginal cultural heritage.

#### **DESIGN GUIDANCE**

**3.1.6** Engage expert consultants for specific advice (bushfire, flooding, riparian, arborist, heritage and traditional knowledge holders etc), reports and actions affecting and informing the initial design as part of the primary site analysis.

**3.1.7** Identify and map the size and required protection zone for flood and bushfire safety.

**3.1.8** Identify and map the size and required protection zone of all mature and valuable trees, with the intent to keep as many mature trees as possible. Aim to achieve a generous, mature tree canopy cover over the site for the completed development. **3.1.9** Provide opportunity for regeneration of natural environments by allowing suitably sized setbacks to accommodate restorative planting to a scale that reflects the original treescape.

**3.1.10** Consider existing stormwater systems and overland flow paths and provide robust stormwater management strategies to protect ecosystems, manage run-off and pollutants, and to protect vulnerable residents from flooding.



Fig 3.1.A Riparian corridor

# **3.2 Planning for environmental constraints** - Case study examples

#### SIGNIFICANT VEGETATION - CASE STUDY

In this example, remnant rare forest and significant Aboriginal meeting place tree clusters were identified on site.

Significant tree cluster and tree protection curtilage required

Design outcome found in positioning buildings around tree protection areas, forming courtyards, recording the heritage place making on the site while preserving remnant trees.

Fig 3.2.A Design for tree preservation

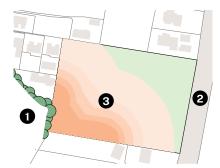
#### **BUSHFIRE AFFECTED LAND - CASE STUDY**

In this example, expert bushfire advice determines that only half of the site can be used for seniors housing.

Design outcome positions residential care facility close to the main road with generous landscaped curtilage which is maintained as Bushfire Asset Protection Zone.

Fig 3.2.B Design for bushfire event









1 National park and

2

З

2

path

bushfire threat

Road for evacuation

**Extent of Bushfire** 

National park and bushfire threat

Landscaped gardens

as Bushfire Asset

**Protection Zone** 

Attack Levels (BAL)

# **3.2 Planning for environmental constraints** - Case study examples

continued

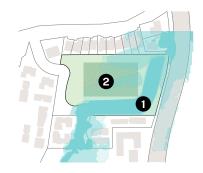
#### **FLOOD AFFECTED LAND - CASE STUDY**

In this example, flood studies indicate potential flooding from extreme rain events which will impact the location of future buildings on the site. Flooding (from severe stormwater over existing site)

Solution to design stormwater catchment channel connected to stormwater system to manage peak maximum flood event and to determine location of possible building footprint.

**Fig 3.2.C** Design to contain and re-direct stormwater

New drainage channel
 Location of future building





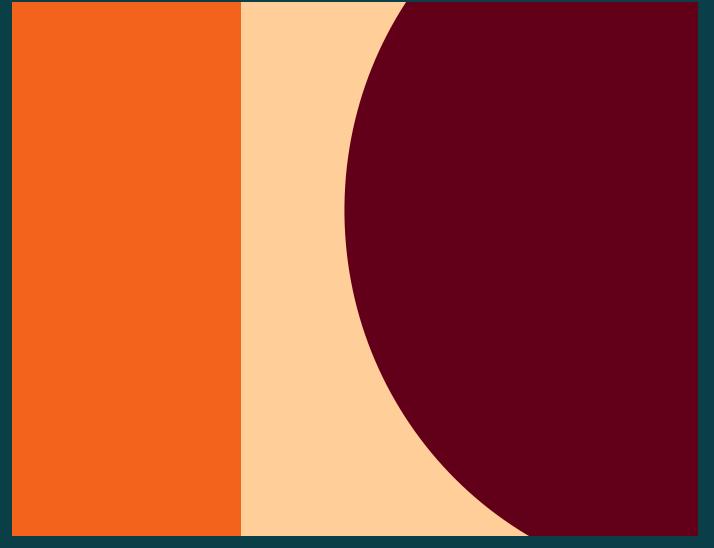
**Fig 3.2.D** Aerial view of completed development showing dry creek bed to channel stormwater into culvert located under carpark

#### **CHAPTER 4**

# 4.0 Site analysis urban response

- 4.1 Urban identity
- 4.2 **Typology and scale**
- 4.6 Social infrastructure
- 4.7 Local character

- 4.3 Setbacks
- 4.4 Height
- 4.5 **Storeys**



### 4.1 Urban identity

Seniors housing can introduce an atypical building type into the locality with a different scale and street presentation from neighbouring properties.

New seniors housing developments should be sympathetic and responsive to it's context and local environment and uplift the quality of the neighbourhood.

#### OBJECTIVE

**4.1.1** To take cues from the surrounding neighbourhood to introduce a materiality and articulated built form that is complimentary but provides a building with it's own unique character and identity.

**4.1.2** To acknowledge any heritage values in the surrounding environment, and respond with a considered design solution.

#### DESIGN GUIDANCE

**4.1.3** Provide design excellence that inspires and is proudly integrated with the local neighbourhood.

**4.1.4** Design to uplift existing and future qualities and character of the neighbourhood.

**4.1.5** The design response should create a relationship between the existing context, heritage significant site or building and the proposed new work.



Fig 4.1.A Stand alone new residential care facility integrates sympathetically with neighbourhood character

### 4.2 Typology and scale

Seniors housing as a specific type of development can introduce a different scale and form into a surrounding area.

The modulation of the bulk and form of new buildings of larger scale than the surrounding context should reference the local character and urban arrangement to acknowledge its surroundings.

#### OBJECTIVE

**4.2.1** To compliment the existing surrounding built character.

**4.2.2** To sensitively integrate a new development into its surrounding area and to ensure the building scale and form supports the local context and future character of the area.

**4.2.3** To determine the significance of land surrounding a heritage item or place, and the extent of curtilage that is essential to retain for the interpretation of its heritage significance.

#### **DESIGN GUIDANCE**

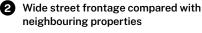
**4.2.4** Map the pattern of existing adjacent development and key features surrounding the site and determine their influence on the articulation of the built form.

**4.2.5** Reference front setbacks of neighbouring development and acknowledge the established street pattern.

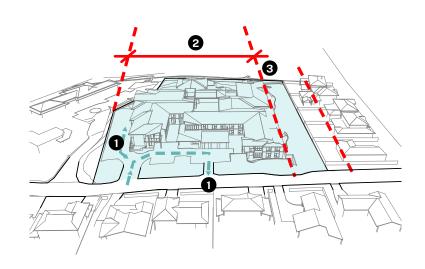
**4.2.6** Manage the scale of large building floorplates with pragmatic internal planning that sensibly informs the façade and external articulation.

**4.2.7** With expert guidance, identify any heritage significant sites or buildings and consider how heritage significant view corridors or curtilages can be preserved.

Driveways to front entry forecourt and to side service access



Generous combined side setback (between new development edge and neighbouring houses)



**Fig 4.2.A** Large site area for a new stand alone residential care facility with large floor plate introduces an atypical scale to the neighbourhood relative to smaller neighbouring properties

### 4.3 Setbacks

Generous setbacks are opportunities to enhance the landscape setting for the enjoyment and participation of residents within purposeful landscape spaces. Setbacks also observe the privacy of the adjacent neighbouring properties.

#### OBJECTIVE

4.3.1 To maximise the landscape curtilage around the site for quality planting, establishment of tree canopies and creation of useful outdoor spaces in addition to boundary screen planting.

4.3.2 To develop new buildings in an established historic context, within a heritage conservation area, adjacent to a heritage item, or on a heritage site, that complements the existing urban character and adds value.

#### **DESIGN GUIDANCE**

4.3.3 Determine setbacks from the location of neighbouring properties, their private outside open space and primary views to and from the development.

4.3.4 Provide setbacks to respect neighbours privacy, overshadowing and existing amenity.

4.3.5 Investigate and respond to any heritage context or values, and provide considered setbacks that are complimentary to significant buildings, views or natural features, and that preserve curtilages needed for heritage interpretation.



#### Fig 4.3.A Landscaped setback includes screen planting and wide footpath

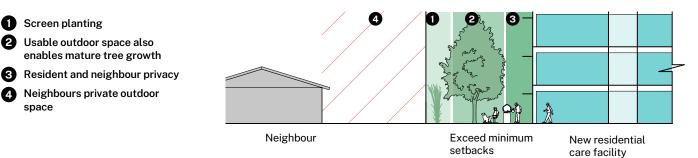


Fig 4.3.B Generous setback provides improved amenity for both neighbours and new developments

**Provide setbacks to respect** neighbours' privacy.

1 Screen planting

space

Usable outdoor space also enables mature tree growth

A Neighbours private outdoor

### 4.4 Height

The height controls for a new development are prescribed in planning legislation, but building elements such as roof forms that define height should to be varied to create visual interest.

#### OBJECTIVE

**4.4.1** To provide variance of roof forms and screened service areas to provide articulation and modulation of the building envelope.

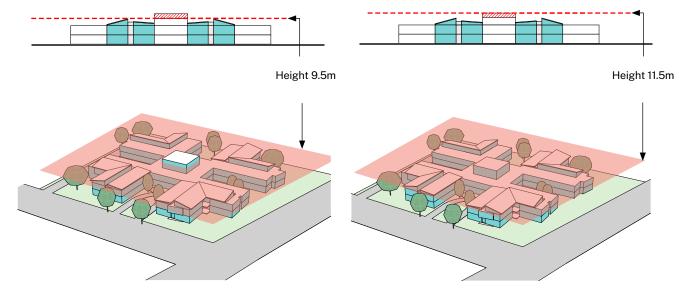
**4.4.2** To conceal services located on the roof and the exposure of plant machinery to the street.

**4.4.3** To provide acoustic screening to soften the impact of plant noise and vibration.

#### DESIGN GUIDANCE

**4.4.4** Design articulated roofs that add visual interest to the building outline.

**4.4.5** Define screened service enclosures for plant equipment that can also be safely accessed for maintenance. **4.4.6** Take into consideration any adjacencies to heritage significant items and their relationship to building envelope, roof articulation and character.



#### **DESIGN CRITERIA**

**Fig 4.4.A** Development standard for a maximum permissible building height in zones where residential flat buildings are not permitted is 9.5m. Maximum permissible building height for roof service equipment is 11.5m for 20% of surface area of roof as defined in the SEPP (Housing) 2021

### 4.5 Storeys

A third storey in zones where residential flat buildings are not permitted must be set back from the side and rear boundaries.

#### OBJECTIVE

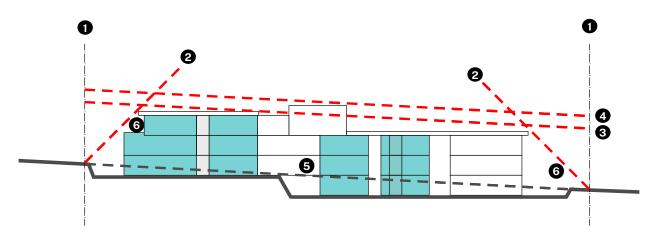
**4.5.1** To prevent overlooking, and to preserve the privacy of neighbouring neighbouring properties.

**4.5.2** To provide a generous side and rear setback for landscaping and creation of meaningful outdoor space.

#### **DESIGN GUIDANCE**

**4.5.4** A third storey must be set back within a 45 degree plane measured from the ground line on the side and rear boundaries.

**4.5.5** All storeys can align with the setback of the third to provide a generous landscaped space.



**Fig 4.5.A** Development standard for a third storey setback in zones where residential flat buildings are not permitted as defined in the SEPP (Housing) 2021

- 1 Site boundary
- 2 45 degree line to establish position of third storey setback
- 3 Height 9.5m

Height 11.5m for 20% of roof area for service plant

**5** Natural ground line

6 Step third storey back OR align building wholly within 45 degree setback to provide a generous landscaped outdoor area in the setback

#### **DESIGN CRITERIA**

### 4.6 Social infrastructure

People experience the characteristics of their neighbourhood differently according to their values and social, cultural and economic references. The diversity of a neighbourhood needs to be researched for neighbours to be comfortable with new seniors housing development.

#### OBJECTIVE

**4.6.1** To provide development that is acceptable to neighbours and the local community, considers existing and desired future character.

#### DESIGN GUIDANCE

**4.6.2** Research and obtain informed feedback regarding local traffic patterns, community expectations and insights.

**4.6.3** Be informed about and integrate new development with future developments and local community projects.

**4.6.4** Understand the social context and consult the local community.



Fig 4.6.A Seniors housing must be relevant to culturally diverse communities

### 4.7 Local character

The location of seniors housing is one of the most important factors considered by residents when downsizing and moving to supportive care communities.

#### OBJECTIVE

**4.7.1** To deliver new facilities within established suburbs and to provide a diversity of retirement living and aged care options for senior residents.

**4.7.2** To support Culturally and Linguistically Diverse and Indigenous people.

**4.7.3** To make it possible for older people to remain living in their familiar neighbourhood near known health and community services, friends and family.

**4.7.4** To give older people a variety of choice in where they live.

**4.7.5** Observe and understand the uniqueness of the character, identity, and heritage values of the surrounding built environment.

#### **DESIGN GUIDANCE**

**4.7.6** Ensure that the development has a point of difference and individual identity.

**4.7.7** Avoid the 'cookie cutter' or 'one size fits all' generalist type of seniors housing.

**4.7.8** The design should respond to any heritage values whether natural, built, or cultural.

Understand the uniqueness and character of the surrounding built environment.

**Fig 4.7.A** CASS (Chinese Australian Services Society) aged care



**CHAPTER 5** 

## **5.0 Heritage**



## **5.0 Heritage**

Items, sites and localities listed or noted as having heritage significance are important and may cover heritage values beyond the built environment that include natural heritage values, Aboriginal cultural values, gardens, landscapes, archaeology etc. It is important to identify and conserve these heritage values through a well considered design response that takes into account the heritage significance, character, texture, grain, massing, story and nature of a particular site to ensure the conservation of the these values into the future.

#### OBJECTIVE

**5.1** To identify and protect items with heritage significance and value that are listed on the State Heritage Register or in a local environmental plan.

**5.2** To investigate and understand what is important about a place, by undertaking an analysis of a place, building, archaeological site, garden, landscape, or place of heritage or Aboriginal cultural significance, and to identify significant fabric.

**5.3** To determine the significance of land surrounding a heritage item or place, and the extent of curtilage that is essential to retain for the interpretation of its heritage significance.

**5.4** To develop new buildings in an established historic context, within a heritage conservation area, adjacent to a heritage item, or on a heritage site with heritage values, that complement the existing urban character and adds value. **5.5** To preserve the integrity, character and fine detail of heritage significant buildings. Adaptation or adaptive reuse offers new uses for heritage or culturally significant places. The new use needs to be compatible with the heritage values, retain its heritage character and conserve significant fabric, while still being able to introduce new services, as well as modifications and additions.

**5.6** To refurbish heritage buildings to extend their useful life, and reduce the environmental impact of new construction.

**5.7** To repurpose heritage buildings and places to be accessible, safe and to meet required compliance standards without compromising the existing built character.



## 5.0 Heritage continued

Developments that embrace existing heritage values and creatively adapt and reuse a heritage significant site or building, facilitate a link from the past to the present and project into the future, and in their own way, contribute to the constantly changing historic environment.

#### **DESIGN GUIDANCE**

**5.8** Identify and protect the heritage values of identified heritage significant items.

**5.9** Research and understand the heritage significance, era and importance of maintaining detailing and materiality.

**5.10** Identify and map the heritage curtilage and sightline view corridors to and from heritage items, and develop a strategy to retain significant views and landscape buffers between the existing and proposed.

**5.11** Design with expert guidance to establish an appropriate strategy for the preservation of heritage significant items or places and the appropriate design response for new developments.

**5.12** Refer to *The Burra Charter – the Australia ICOMOS charter for the conservation of places of cultural significance* for appropriate conservation strategies that aim to retain relationships that contribute or are sympathetic to the heritage or cultural significance of the site, place or building.



**Fig 5.0.B** High density independent living and aged care development including heritage item and significant landscape



Fig 5.0.C Independent living in refurbished heritage item with new adjacent independent living development

## 5.0 Heritage continued

Repurposing heritage significant sites or buildings for adaptive re-use provides a rich and meaningful built context for older people to enjoy and live with.

#### **DESIGN GUIDANCE**

**5.13** New developments in a heritage conservation area, adjacent to or on a heritage significant site should address the predominant scale (height, bulk, density, grain) of the setting and then respond sympathetically. Consider reducing scale by breaking long stretches of wall with openings, or indentation that reflects the general surrounding typology. Understanding existing street setbacks, and in particular setbacks on upper levels could help reduce bulk and create a transitional link between different building scales.

**5.14** The design response needs to take into consideration the identified heritage values, context, character, setting, form, scale, bulk, massing etc and cross reference the design guidance provided in the relevant chapters and parts of this document.

**5.15** The design response should seek to adapt a heritage place or item to a new use while conserving the heritage values and significance.

**5.16** With expert guidance, appropriately and sensitively overlay new work, so as to differentiate between old and new. Consider the connection between the heritage significant fabric and the new development and provide a clear and sympathetic transition that allows for the interpretation of where the heritage component begins and ends.

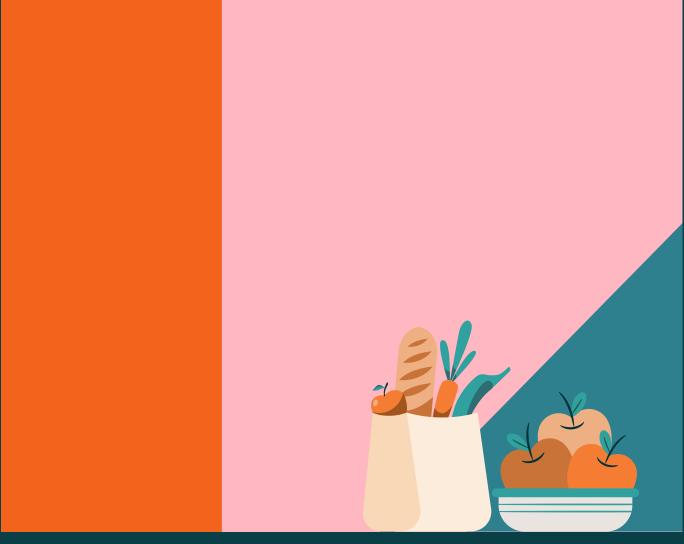


Fig 5.0.D Sightlines from the street through the developed site to the heritage item

### **CHAPTER 6**

## 6.0 Care, wellbeing and community

- 6.1 **Care**
- 6.2 **Physical and mental wellbeing**
- 6.3 Mobility and access
- 6.4 Environmental connection
- 6.5 Universal design



## 6.1 Care

"The power of community to create health is far greater than any physician, clinic or hospital "

**MARK HYMAN** 

Seniors housing is required to cater for a range of care levels. Usually low levels of care services are required for independent living units, but as residents age, their care requirements increase to potentially very high levels, to manage issues such as dementia and high physical dependency, and often both.

Seniors housing providers have 'models of care' that define the way they deliver care services to their residents. The model of care can also be influenced by social factors such as the demographic of the residents-cultural, ethnic or religious.

#### OBJECTIVE

**6.1.1** To realise the purpose of the building and the development.

**6.1.2** To provide contemporary buildings for residential care or independent living units that support ageing in place.

**6.1.3** To understand and translate the care model into spatial and organisational maps to optimise utilisation of the site.

**6.1.4** To meet regulatory compliance for safety and accessibility as well as to provide high quality design and building character.

**6.1.5** To provide culturally appropriate accommodation for care and supportive services.



#### **DESIGN GUIDANCE**

**6.1.6** Design buildings that promote health and have good cross ventilation, access to sunlight and fresh air.

**6.1.7** Integrate landscape planting with the building to capture the positive health benefits of nature.

**6.1.8** Design for social connection and opportunities for people to meet and interact easily.

**6.1.9** Design to exceed minimum standards to achieve optimal living and working environments.

**6.1.10** Acknowledge the specific identity of the organisation.

**Fig 6.1.A** Resident room with generous views and operable windows

## 6.2 Physical and mental wellbeing

Good design results in a healthy building and has positive psychological benefits for its occupants.

#### OBJECTIVE

**6.2.1** To design buildings that reduce stress and promote wellbeing to support physical and mental health.

**6.2.2** To provide opportunities and places for residents to be socially connected, to reduce loneliness and isolation.

#### DESIGN GUIDANCE

**6.2.3** Design generous spaces that offer comfort, can adapt to flexible furnishing layouts and ease of movement and have abundant daylight and views out.

**6.2.4** Create buildings that balance proportion and scale with enduring materiality and performance.



Fig 6.2.A Provide meaningful outdoor space that residents will use and enjoy

## 6.3 Mobility and access

As we age, our mobility generally diminishes and consequently opportunities for wellbeing and social activities may become limited.

#### OBJECTIVE

#### **DESIGN GUIDANCE**

**6.3.1** To encourage mobility of residents outside of their immediate private space.

**6.3.2** To design for all levels of ability focusing on what people can do and not what they cannot.

**6.3.3** Design to maintain positive connections between resident communities and the outdoor environment.

**6.3.4** Design for safe and barrier free access to encourage residents to get outside.

**6.3.5** Circulation paths and corridors are also places for social interaction and should include places to sit and gather in small groups.



Fig 6.3.A Designing for seniors includes level floor finishes and thresholds

### **6.4 Environmental connection**

Diminished mobility can mean longer periods indoors.

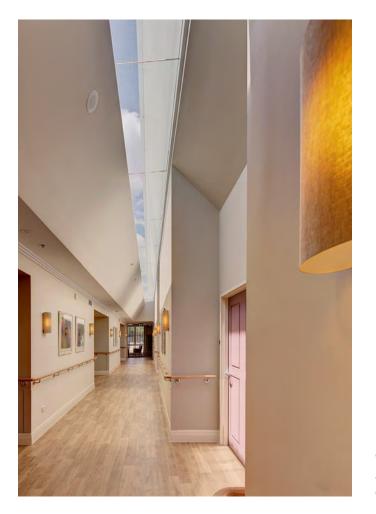
#### OBJECTIVE

**6.4.1** To provide healthy interior environments that provide good daylight, natural ventilation and that support connections with the outside environment.

#### **DESIGN GUIDANCE**

**6.4.2** Design for optimal connection to the outside environment for views, daylight and for residents to be able to experience atmospheric and sensory changes in the outdoor world.

**6.4.3** Design for good solar orientation, openable windows and access to terraces, balconies and roof gardens.



**Fig 6.4.A** Residential care facility with skylit corridor to vary quality of light inside, provides glimpses of the sky and maximises access to daylight

## 6.5 Universal design

Inclusive design considers and works for all people. It is inclusive of mobility, dexterity, sensory, and communication impairments; learning disabilities; continence needs; and people whose mental well-being benefits from being supported by thoughtfully crafted environments.

#### OBJECTIVE

**6.5.1** To provide buildings that promote dignity, respect and pride of place.

**6.5.2** To provide equitable design for all.

**6.5.3** To de-institutionalise the character of the building with good design.

**6.5.4** To provide a place that inspires joy and offers moments of delight.

#### **DESIGN GUIDANCE**

**6.5.5** Provide frequent rest points in corridors, lift lobbies and on outside walking paths.

**6.5.6** Public and shared communal areas should have toilets that are easy to identify and reach.

**6.5.7** Promote quality interior design using a variety of materials, colours and textures.

**6.5.8** Provide clearly legible and identifiable signage.

**6.5.9** Provide level thresholds between inside and outside.

**6.5.10** Provide good lighting and luminance of signage and graphics.

Provide places that inspire joy and offer moments of delight.



### **CHAPTER 7**

# 7.0 Design for physical ageing and dementia

- 7.1 **Design for physical ageing**
- 7.2 Governmental review
- 7.3 **Design for dementia**



## 7.1 Design for physical ageing

Empathetic design is to understand the connection between physical aspects of ageing and the emotional needs of an older person.

#### Some of the outcomes of physical ageing include:

- Diminishing eye-sight
- Loss of balance
- Confusion
- Muscle weakness
- Poor sleep leading to anxiety, vagueness or poor concentration

#### OBJECTIVE

**7.1.1** To provide easily navigable spaces for the safety of aged residents and to help reduce fear of falling.

- Hearing impairment
- Loss of confidence
- Continence problems
- Loss of dexterity
- · Sensitivity to cold

#### **DESIGN GUIDANCE**

### 7.1.2 | Design for safety from falling with:

- Slip-resistant, level floor surfaces with particular attention to exterior door thresholds and junctions where flooring material changes.
- Good colour and/or tonal contrast around doors to clearly delineate the openings.
- Use of single colours for surfaces. Avoid heavily contrasted patterned surfaces.
- Considered lighting to manage changes in lighting ambiance and intensity, to minimise deep shadows and provide a variety of light sources.

Provide easily navigable spaces for aged residents to reduce fear of falling.



## 7.1 Design for physical ageing continued

#### OBJECTIVE

OBJECTIVE

**7.1.3** To provide environmental comfort.

7.1.5 To reduce stress from noise

and to support hearing.

#### **DESIGN GUIDANCE**

### 7.1.4 | Design for environmental comfort with:

- Excellent thermal insulation
- High performance glazing
- Window coverings
- Orientation-specific external shading
- Ceiling fans

#### **DESIGN GUIDANCE**

#### 7.1.6 | Design for auditory comfort:

- Provision of acoustic and nonreverberant surfaces, particularly in communal and gathering areas.
- Use of acoustic linings to walls and ceilings; and soft furnishings and window coverings to soften sound reverberation.
- Minimise the use of excessive hard surfaces.

- Cross ventilation
- · Passive ventilation
- Weather seals and draught minimisation
- Provision of entry door air-locks

- Examination of varied and complex noise sources of mechanical services, appliances, televisions and other audio in a single space.
- Fitting doors and cabinets with soft-close hardware to avoid slamming.

Reduce stress from noise and support hearing.

## 7.2 Governmental review

The Royal Commission into Aged Care promotes (amongst other things):

- Care, dignity and respect
- Valuing care workers
- Dementia support

#### OBJECTIVE

**7.2.1** To respect cultural uniqueness for all aged residents.

**7.2.2** To transition away from large institutional design settings and create small scale domestic settings.

**7.2.3** To follow the 'small household' model of care, housing 6-16 people in a cluster.

**7.2.4** To provide primary health, allied health services and wellness for residential aged care.

#### DESIGN GUIDANCE

### 7.2.5 Design Home-like environments with:

- De-institutionalised interiors, comfortable and inviting spaces and warm textures.
- A domestic character and scale.
- Meaningful artwork without reflective glass.
- Multiple places for rest and reflection.
- Easy and unrestricted access to the outside, gardens and landscape.
- Inspired design quality that shows respect for lives long lived.

### 7.2.6 Design buildings with familiar domestic character:

- Use verandahs for shading to encourage residents to use the outside. The verandah or porch, with or without posts and railings is also a recognizable feature of 'home' and provides shading to the building.
- Use exterior textures and finishes that have a recognisable and familiar residential character.
- Provide fenestration and external doors that align with residential homes and are not predominantly commercial.
- Consider deep eaves and overhangs that provide shade, shadow patterns and rain protection for physical comfort and interest.



## 7.3 Design for dementia

## In addition to physical ageing, people with dementia can experience the following difficulties:

- Fear arising from feeling an unfamiliarity or not recognising things, activities, places or people
- · 'Inappropriate' behaviours
- Intense emotional outbursts
- Wandering and the need to keep moving around
- Heightened confusion
- Frustration
- Heightened anxiety
- Breakdown of daily routines
- · Loss of ability to speak
- Loss of ability to read or interpret visual images

- Lost or poor communication skills
- Personality changes
- · Loss of enjoyment
- Depression
- · Apathy
- Difficulty understanding spatial relationships
- Poor judgement
- Social withdrawal



#### OBJECTIVE

**7.3.1** To provide easily navigable spaces for aged residents with deteriorating perception.

**7.3.2** To observe the needs of people with impaired cognition, to:

- Alleviate anxiety and confusion.
- · Support Wayfinding.
- Provide safe environments.

#### **DESIGN GUIDANCE**

### 7.3.3 | Design to aid visual perception with:

- Selection of floor surfaces avoid shiny or reflective surfaces, avoid contrasting patterns in flooring.
- Avoidance of sharp changes in contrast and colour at borders and junctions between floor finishes.
- Provision of colour and tonal contrasts between walls and floor junctions, and doorways, benchtops and floors.
- Sufficient lighting levels.

#### OBJECTIVE

**7.3.4** To provide legible environments that minimise confusion and fear of getting lost.

#### **DESIGN GUIDANCE**

### 7.3.5 | Design for wayfinding with:

- Visual cues and/or clear sightlines for services facilities such as toilets, bathrooms, laundries, kitchens, lifts and entrances.
- Planning clarity between spaces.
- Clear legible signage maintain eye level position, large font sizes, contrasting text and background and well lit.
- Keep signage simple with supporting, relatable graphic icon.

#### OBJECTIVE

**7.3.6** To provide engaging environments with opportunities to experience environmental stimuli.

#### **DESIGN GUIDANCE**

#### 7.3.7 | Design to support memory with availability for sensory interaction with the environment with:

- Strong connection with the outdoors for feeling the warmth of the sun, summer breezes, humidity of summer, chill of autumn etc.
- Access to smell the rain, herb gardens and atmospheric changes in the climate and season.
- Access to sounds such as water, birds, crunch of gravel underfoot, rain falling etc.
- Encouragement for enjoying food with the accompaniment of fresh air and daylight.

- Provision of strong colour and visual contrast.
- Provision of activity gardens, vegetable growing, potting etc.
- Provision of textural interest in surfaces, warm and cool finishes, use of natural materials such as stone and meaningful soft furnishings.



#### **DESIGN GUIDANCE**

#### 7.3.8 | SMALL HOUSE MODEL

This model is for a small group of residents to share a 'household' that reflects the character and scale of a domestic house.

There is often a 'front door' and entry hallway and the familiar sequence of spaces and privacy gradients that make up a typical house.

- Entry door to individual households differentiated by colour
- 2 Entry door to individual households differentiated by colour



Fig 7.3.A Small household model

A small group of residents sharing a 'household' that reflects the character and scale of a domestic house.

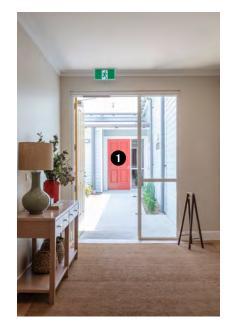




Fig 7.3.B Familiar residential character to household entries and use of colour

Example of small house model comprised of 4 households with 8 residents in each, grouped around a common service spine.



**Fig 7.3.C** Concept aerial view of households grouped around courtyards

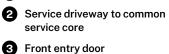
In this example, each 'household' group is arranged around an internal courtyard to let natural light into the corridors and common spaces.



Fig 7.3.D Courtyard concept

Example of a small house model comprised of 4 households with 8 residents in each, grouped around a common service spine.



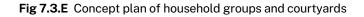


Pedestrian access to front door entrances

**5** Central courtyard with glazing

Single household





In this example, the back-ofhouse services area connects two households with service driveway access.



Single household



Fig 7.3.F Concept plan of household layout



**Fig 7.3.G** Verandahs offer shade and protected access to the external environment to entice residents outdoors as well as providing familiarity in the Australian context



Fig 7.3.H Resident laundry (can also be used for commercial operations) with access to outdoor washing line



Fig 7.3.1 Resident room with window seat and balcony access to maximise daylight and views out



Fig 7.3.J Resident-friendly kitchen



Fig 7.3.K Living room with domestic character and scale

## Density and related design principles

- 8.0 **Options for different types and configurations of densities for seniors housing**
- 9.0 **Determining density**
- 10.0 **Designing for different densities**
- 11.0 Guidance examples for seniors housing configurations with different densities
- 12.0 **Design principles for residential care facilities**
- 13.0 **Design principles for independent living**
- 14.0 **Design principles for independent living for low density**
- 15.0 **Design principles for independent living for medium density**
- 16.0 **Design principles for independent living for high density**

## Part 3



## 8.0 Options for different types and configurations of densities

### for seniors housing

Every seniors housing project of any scale or size will challenge design teams to consider the appropriateness of the development in the chosen locality. A seniors housing development is generally either:

- **01** A stand-alone residential care facility, or
- **02** Independent living units as:
  - A Low density
  - B Medium density
  - C High density

A combination of 01 and 02, as a co-located development as either:

03 A separate residential care facility building surrounded by single storey villas or apartment buildings, or

OR

- 04 A multi-storey development with integrated residential care facility on dedicated floors
- **05** A mixed use development that may include a combination of apartments, residential care, community facilities, retail and commercial uses.



A community component of internal and external shared spaces for group activities and socialising is typically included alongside the above configurations and provides essential opportunities for social connection for residents.

## 9.0 Determining density

The land zoning of a site will inform the allowable density for the development and provide a framework for calculating the maximum site potential for seniors housing under the SEPP (Housing) 2021. The density is partly determined by the permissible floor space ratio or FSR, which is based on the type of development and if the zoning permits residential flat buildings and/or shop top housing. The density level can either be **low, medium,** or **high,** and can be assessed with the help of the zoning checklist in Part 4 of this guide.

**Low density** seniors housing is generally single storey, with generous landscaping. Low density FSR is typically 0:5:1 or less.

Fig 9.0.A Single storey residential care cottage

**Medium density** seniors housing is often found in residential localities with residential zonings. Medium density FSR is typically 0:5:1 or more.





Fig 9.0.B Two storey independent living units

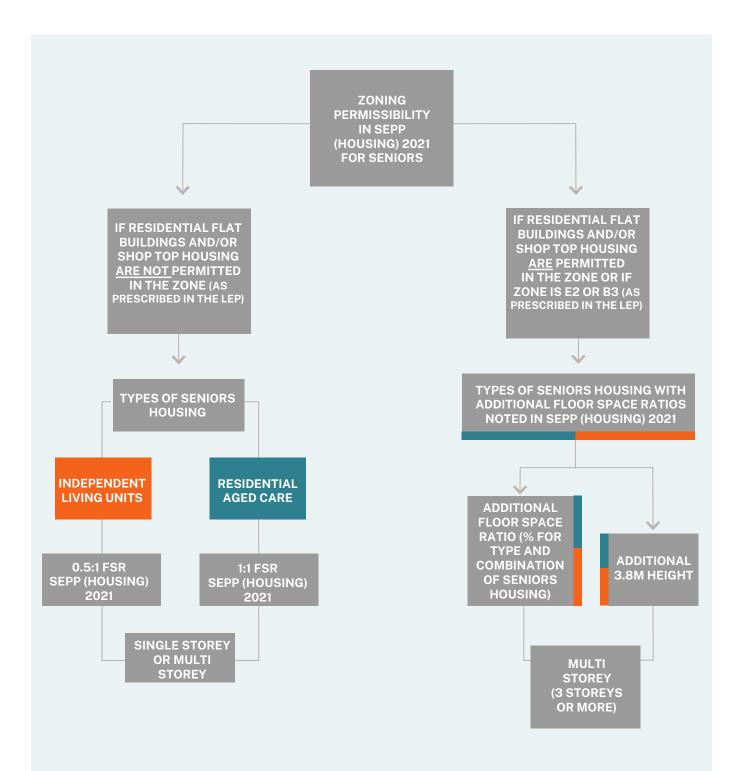
**High density** seniors housing can be developed on land with zoning that permits multi storey residential buildings or is an E2 or B3 commercial zone. High density FSR is typically more than 1:1.



**Fig 9.0.C** 6 storey co-located residential care and independent living apartments

## 9.0 Determining density continued

The density of a development is governed by the land zoning of the site



## **10.0 Designing for different densities**

#### OBJECTIVE

**10.1** To deliver a range of developments of varying size, scale and typology that will provide choice for ageing communities to move to.

**10.2** To deliver seniors housing developments of significant scale that are becoming more common and sought after in urban areas.

#### **DESIGN GUIDANCE**

**10.3** Independent living unit developments can be multi-storied buildings, two or three storey medium density duplexes or single storey low density clusters of villas.

**10.4** Low density villas are single storey attached or detached dwellings often with integrated carparking, accessed from an internal road network.

**10.5** Medium density independent living development is often two or three storey on sites where residential flat buildings are not permitted and has multiple dwellings, usually accessed from a single driveway to carparking. **10.6** High density developments are usually on sites where residential flat buildings are permitted and, in instances where the Chapter 4 of SEPP (Housing) 2021' to align with upcoming amendment to consolidate SEPP 65 into Housing SEPP is applied, they will be assessed against criteria in the Apartment Design Guide.

Some flexibility with the Apartment Design Guide will be required for independent living unit developments for seniors housing.

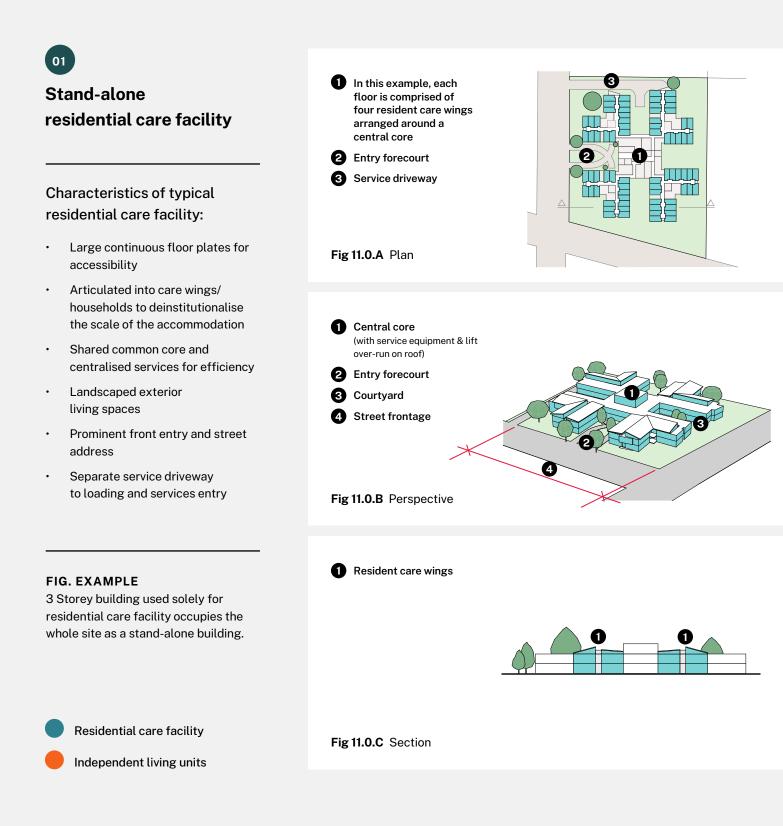
**10.7** Residential care facilities are often multi-storied large level floorplates that require the external building form to be carefully articulated and managed.

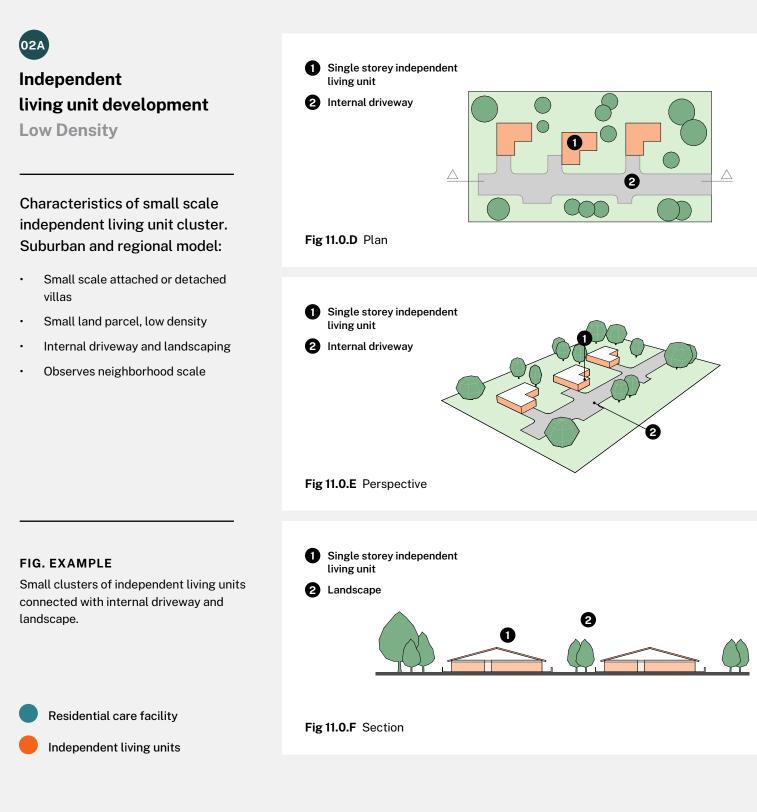


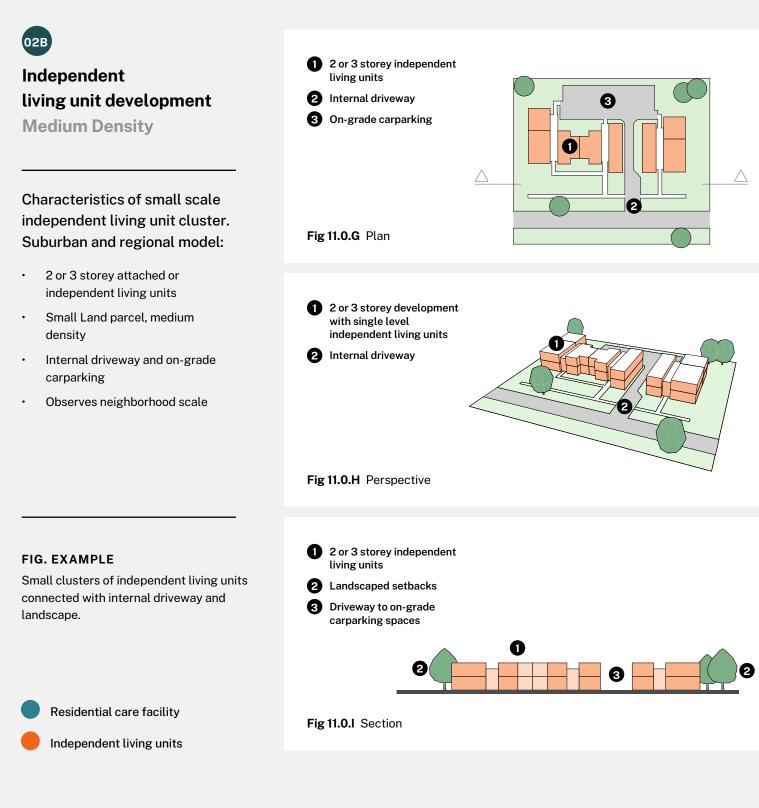
**Fig 10.0.A** Co-located residential care and independent living with a community centre with a range of different heights and building forms

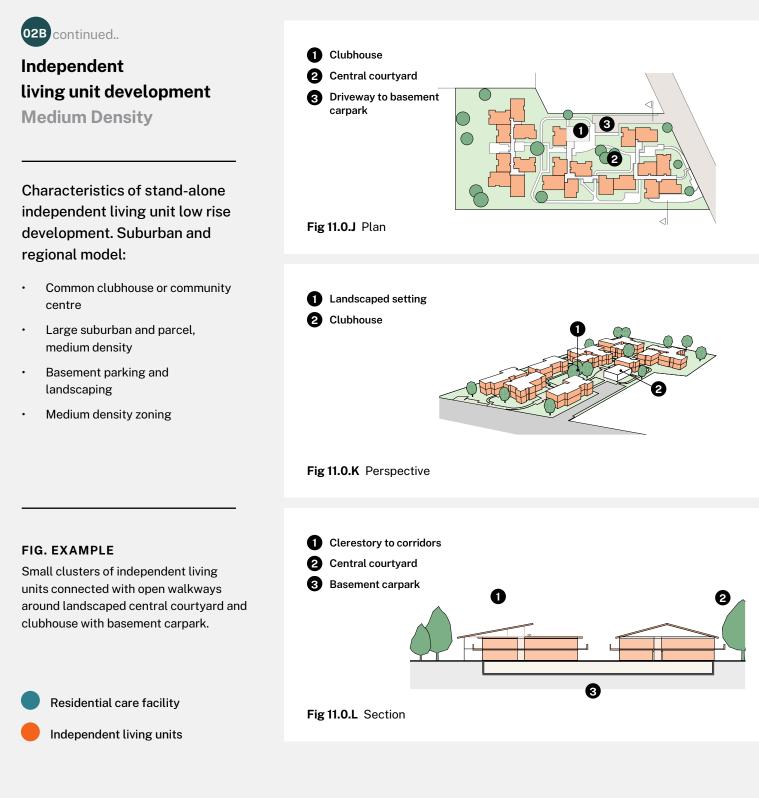
## **11.0 Guidance examples** for seniors housing configurations with different densities

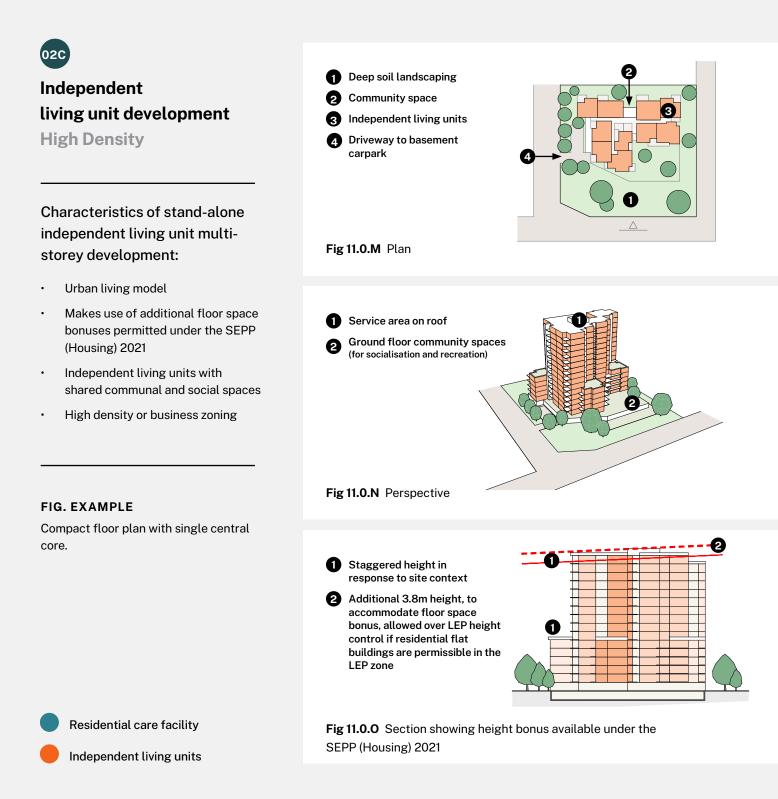
01	Stand-alone residential care facility	
02A	Stand-alone independent living unit development low density	
028	Stand-alone independent living unit development medium density	
020	Stand-alone independent living unit development high density	
03	Co-located residential care facility and independent living unit development low density village	
04	Co-located residential care facility and independent living unit development high density	
05	Mixed use development	

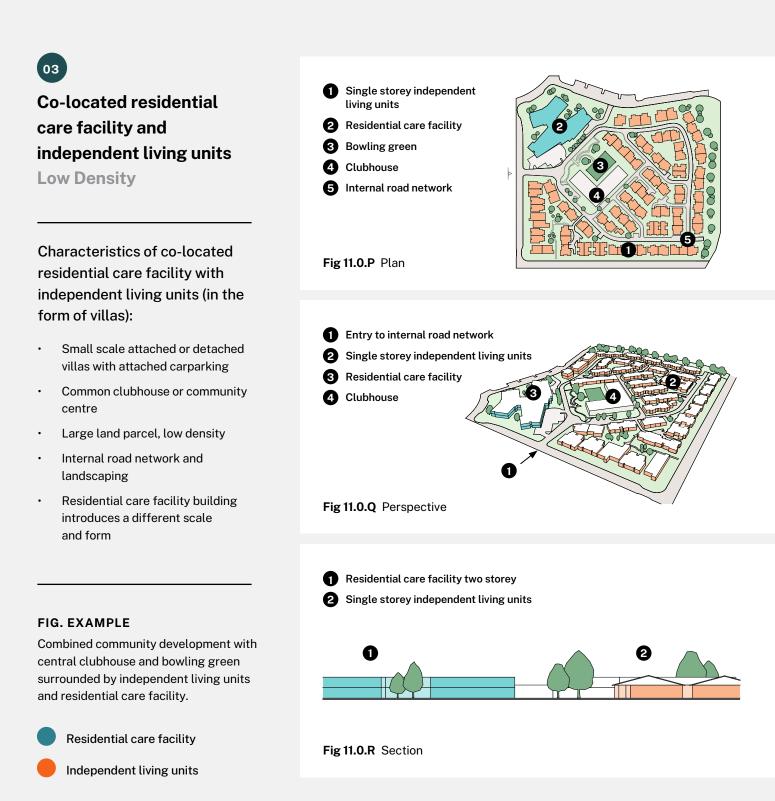


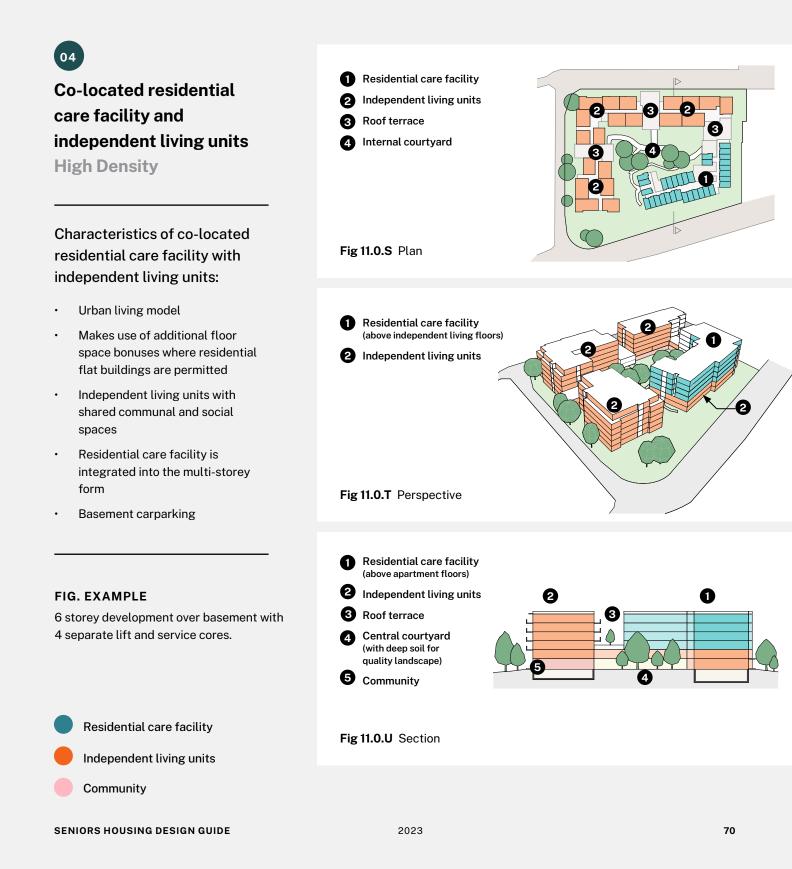


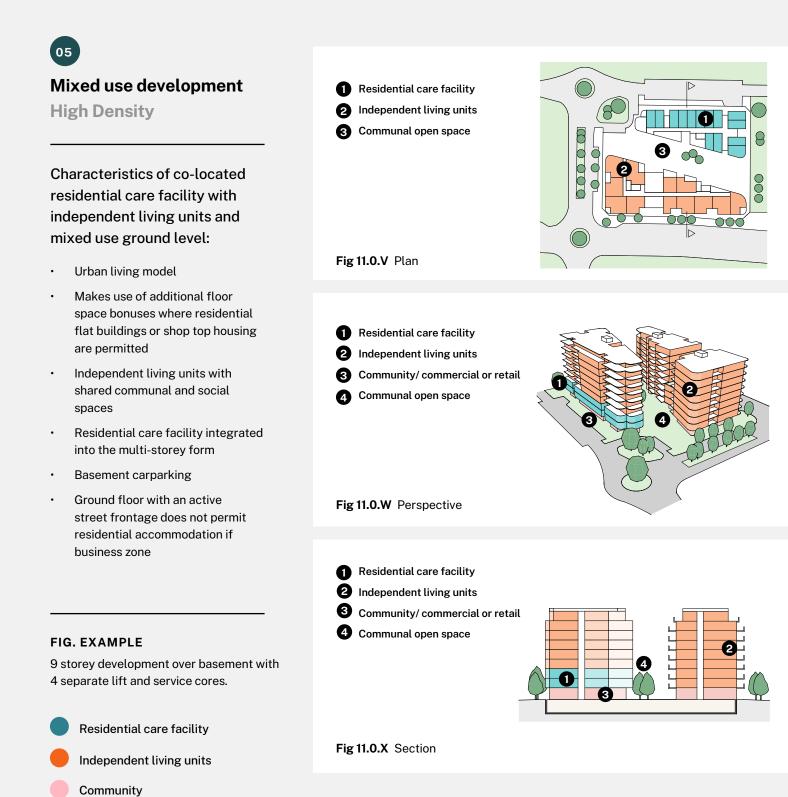








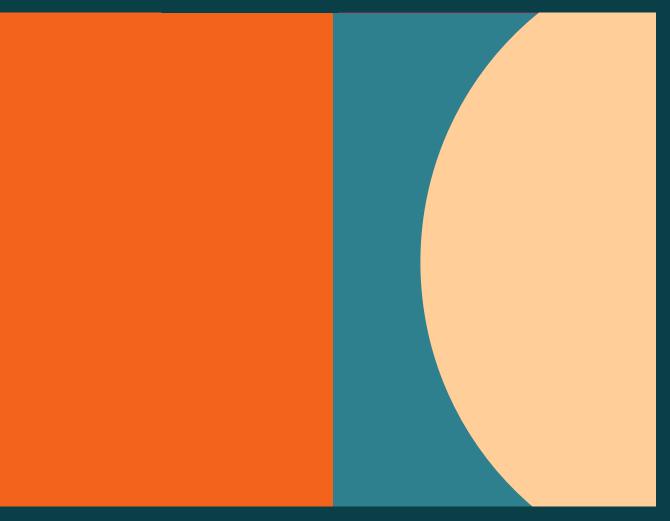




## **12.0 Design principles** for residential care facilities

- 12.1 General planning
- 12.2 External form
- 12.3 Neighbourhood amenity and streetscape
- 12.4 Entrances
- 12.5 **Public space and front-of-house**
- 12.6 Resident accommodation

- 12.7 Visual and acoustic privacy
- 12.8 Solar access and design for climate
- 12.9 Stormwater
- 12.10 Accessibility
- 12.11 Waste management



## for residential care facilities

## 12.1 General planning

'Respect, care and dignity' and 'aged care that puts older Australians front and centre', are key messages from the Royal Commission into Aged Care Quality & Safety which aims to deliver once in a generation reform of aged care.

A building designed for long or short term residential care accommodation is made up of:



1 Accommodation modules - single room or small apartment

Communal shared spaces - dining, lounges and activities

Front-of-house, entry, wellness, allied health, recreation and social spaces

4 Back-of-house, staff and service operations-kitchens, laundry, stores, cleaning and maintenance, mechanical and electrical services and staff amenities and administrative offices

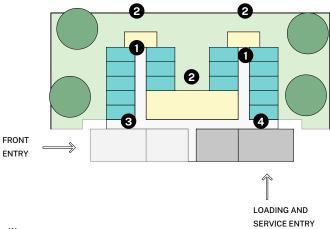


Fig 12.1.A General arrangement for residential care facility

#### OBJECTIVE

12.1.1 To accommodate older people who are no longer able to live independently and who need high levels of full time assistance and care.

12.1.2 To create environments where staff can work efficiently to care for groups of people in a communal living setting.

12.1.3 To enable efficient workflows and to separate resident and service areas for safety and amenity.

12.1.4 To create new noninstitutional looking buildings that acknowledge their surroundings sensitively and showcase design excellence.

12.1.5 To understand how different building components and spaces can positively influence the exterior character of the external form of the building.

#### **DESIGN GUIDANCE**

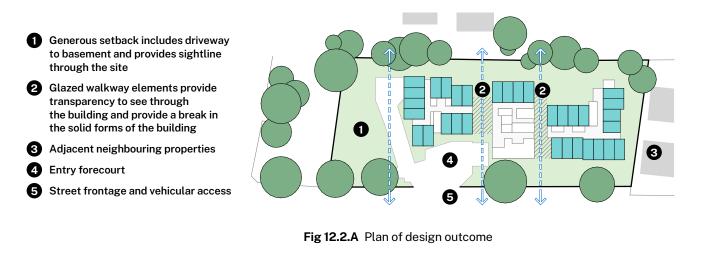
12.1.6 Review and identify the Care provider's processes, staffing, workflows and vision for the care of their residents, and incorporate as a planning strategy into the design response.

12.1.7 New research or innovation into seniors housing, that could enhance the human experience, increase efficiency or comfort, etc should be observed and considered.

# for residential care facilities

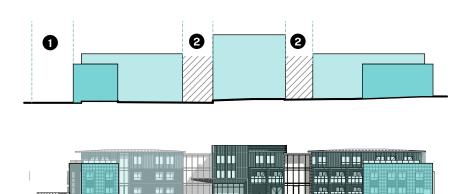
## 12.2 External form

The internal layout of spaces and arrangement of resident wings in this example informs the articulation of external forms and the break up in the external façade.



Generous landscape setback also provides sightline through the site

2 Glazed walkway elements provide transparency to see through the building and provide a break in the solid forms of the building



**Fig 12.2.B** External form and character in this example of a residential aged care, shows building articulation and transparency

## 12.3 Neighbourhood amenity and streetscape

Street presentation is a result of good spatial planning that informs exterior form articulation and façade design.

#### OBJECTIVE

#### DESIGN GUIDANCE

**12.3.1** To de-institutionalise seniors housing in the provision of quality contemporary buildings.

**12.3.2** Design articulated façades that have a considered palette of external finishes.

**12.3.3** Articulate the internal planning to determine modulation in the external façade that provides shadow variations that change throughout the day.

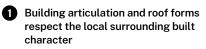


Fig 12.3.A Stand alone residential care facility with texture, shadows, recessive elements and colour

# for residential care facilities

## 12.3 Neighbourhood amenity and streetscape continued

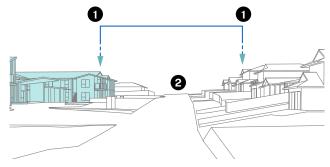
Articulate and modulate new built forms and setbacks to align similarly with the scale + pattern of the surrounding built character.





2 Existing wide street view corridor

Fig 12.3.B Integrate new development into the existing context



Established, articulated front street setback

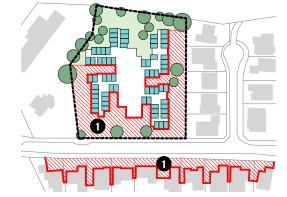


Fig 12.3.C Identify and reference the established street pattern of setbacks and scale



Fig 12.3.D Stand alone residential care facility comfortably integrated into streetscape

## 12.3 Neighbourhood amenity and streetscape continued

#### OBJECTIVE

**12.3.4** To provide articulation and interest, to contribute to the character of the local area and to define the streetscape.

#### DESIGN GUIDANCE

**12.3.5** This example shows how a large-scale residential care facility building can be broken down into smaller elements to respond to the scale and pattern of the local streetscape and surrounding built character.

Small scale roof forms assist the building to step with the natural topography and manage overall height.

2 Multi storey building with gabled façades and smaller roof forms is a sympathetic approach with the local streetscape character in this example.

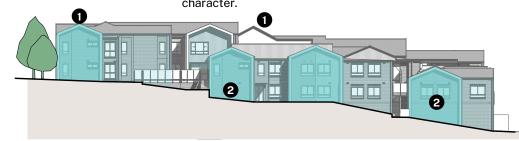


Fig 12.3.E External façade is articulated with smaller façade elements

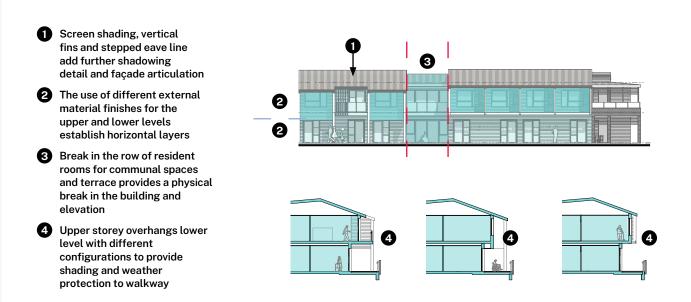
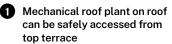


Fig 12.3.F External façade is informed by variance in resident room layout configuration

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## 12.3 Neighbourhood amenity and streetscape continued



2 Courtyard between wings

Basement carparking and back-of-house services

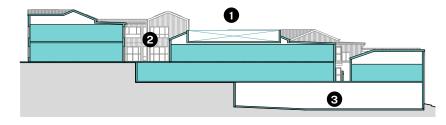


Fig 12.3.G Roof plant screened from view within roof forms



Fig 12.3.H Service plant concealed from view by roof structure

## 12.4 Entrances

Clarity around entries for pedestrian and vehicular access is important, as is a clear differentiation between service entry and the public and visitor entrances.

#### OBJECTIVE

**12.4.1** To separate large service vehicles away from the front entrance.

**12.4.2** To provide safe carparking and access into the building for visitors.

**12.4.3** To respect the vehicular and traffic movements in the street.

**12.4.4** To clearly identify the points of arrival for visitors and deliveries.

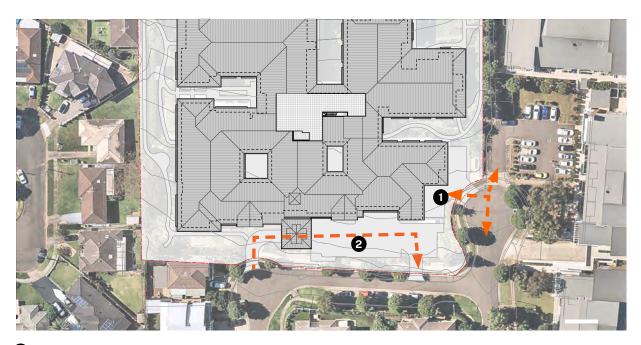
#### DESIGN GUIDANCE

**12.4.5** Identify safe and appropriate points off the street to access the site with vehicular driveways and points of entry.

**12.4.6** Provide a clearly identifiable front entry.

**12.4.7** Separate the service driveway and back-of-house service access from public and resident paths.

**12.4.8** Provide safe and clearly identifiable pedestrian access to the building.



Back-of-house with service area accessed from side road

2 Front entry driveway with portecochere and visitor carpark along street frontage

**Fig 12.4.A** New stand alone residential care facility showing separation of front-of-house and back-of-house servicing and presentation

### 12.4 Entrances continued

#### OBJECTIVE

**12.4.9** To identify the point of arrival and where visitors and residents come and go from.

**12.4.10** To make the entry visible from the street for clarity and way-finding as it is often the only point of access for visitors.

**12.4.11** To provide a safe protected place to stop and drop off and pick up a resident.

#### **DESIGN GUIDANCE**

**12.4.12** The entry is typically identified and protected from the elements by a porte cochere roof, where a vehicle or ambulance can temporarily stop to pick-up or dropoff someone.

**12.4.13** The porte cochere will need to have sufficient height and cover to accommodate a bariatric ambulance, however this feature roof should be well considered and integrated into the building design to not look out of character or institutional.



Fig 12.4.B Entry point is identifiable with generous and well-protected roof cover

### 12.5 Public space and front-of-house

#### OBJECTIVE

**12.5.1** To provide a visible, welcoming and safe place for entry for staff, residents and visitors.

**12.5.2** To provide an attractive place for residents to sit, wait or socialise.

**12.5.3** To provide a control point for visitors.

#### **DESIGN GUIDANCE**

**12.5.4** Spaces provided near the front entry can include a café, children's play area, multi-purpose room, chapel, wellness and allied health services.

**12.5.5** The arrangement and presentation of these areas to the public and wider community can offer welcoming and inviting features such as food and drink, places to meet and sit and things to do.

These elements also provide an opportunity to add visual interest to the expression of the building and its connection with the wider community.



**Fig 12.5.A** Multi-generational playground adjacent to driveway entry



Fig 12.5.B Cafe space in entrance lobby

# for residential care facilities

## 12.6 Resident accommodation

#### OBJECTIVE

**12.6.1** To articulate the form, scale and presentation of buildings that are long and consist of repetitive and often identical room modules.

**12.6.2** To arrange resident rooms with manageable corridor lengths.

#### DESIGN GUIDANCE

**12.6.3** Resident neighbourhoods are comprised of resident rooms and shared areas. Resident rooms are usually single or double occupancy rooms with ensuites and are identified in the façade with a similar repetitive style of window or terrace door.

Resident rooms with external glazed doors to terraces or balconies will help articulate the façade however the need to ensure safety and prevent residents falling from balconies often requires very high balustrade enclosures on upper storey balconies.

Façade articulation should take into consideration the orientation for solar protection and meaningful window shading.

Position and frequency of visual breaks in a façade can also be informed by the scale and character of the surrounding building types.

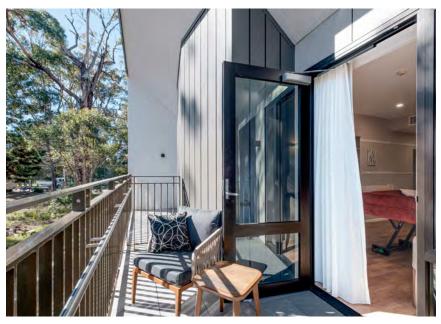


Fig 12.6.A Resident room balcony



Fig 12.6.B Use screening to shade windows and articulate the façade

# for residential care facilities

### 12.6 Resident accommodation continued

The repetitive layout of the resident room module strongly informs the character and design of the façade. The room can be configured in different ways.

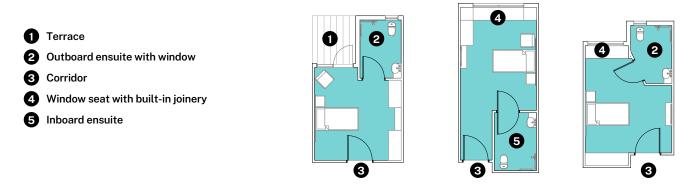


Fig 12.6.C Example layouts for individual resident room module

1 Large window with low sill gives good sightline for resident in bed

- 2 Access to daylight and views to nature
- 3 Window seat and built in joinery provides storage, extra seating for visitors and adds character to the room

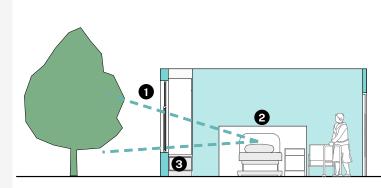




Fig 12.6.D Section through resident room

Fig 12.6.E Resident room with window seat

## 12.7 Visual and acoustic privacy

Successful seniors housing development must observe and respect the privacy and amenity of neighbouring properties as well as resident communities.

#### OBJECTIVE

**12.7.1** To respect the visual and acoustic privacy of neighbours and occupants.

#### DESIGN GUIDANCE

**12.7.2** Provide generous setbacks that are informed by the position and location of neighbour's outdoor open space and windows.

**12.7.3** Plant screen planting that acts as acoustic buffers as well as providing privacy and separation from the boundary fence.

**12.7.4** Provide deeper courtyards for elevations or resident wings to face in towards to reduce overlooking to neighbours. Provide landscaping against open rail fences to screen resident spaces for privacy.



**Fig 12.7.A** Building and windows are angled away from neighbour's house and separated by generous landscaped setback and landscaping provides screening to courtyard spaces

## 12.8 Solar access and design for climate

Work with the local environment to deliver a climate-appropriate building.

#### OBJECTIVE

**12.8.1** To design buildings that suit the climate zone of the development.

12.8.2 To design for:

thermal comfort

- humidity
- air-movement
- shading
- daylight
- solar access

**12.8.3** To optimise the building envelope's thermal protective qualities to maximise efficient use of energy for heating and cooling.

**12.8.4** To maximise access to natural daylight to reduce dependence on electric lighting.

#### DESIGN GUIDANCE

**12.8.5** Undertake a detailed site analysis to determine the direction of cross breezes, types of weather patterns and path of the winter and summer sun.

Orientate the building to capture breezes and to optimise solar access.

**12.8.6** Insulate roofs and avoid dark roof colours that absorb excessive heat.

**12.8.7** Provide ceiling fans and design for natural cross ventilation. Provide window shading for protection from summer sun and allow winter sun to penetrate the building.

**12.8.8** Use appropriate glazing to insulate glazed areas and maximise glazing for access to daylight.



**Fig 12.8.A** Lightwells bring daylight and variance in light quality through the day into deep parts of the building in this residential care facility

# for residential care facilities

12.8 Solar access and design for climate continued



**Fig 12.8.B** Shading and deeply recessed fenestration articulate the external façade and provide interest with dynamic movement of shadow patterns through the day

## 12.9 Stormwater

Extreme rain events can result in destructive overland flow of stormwater which can cause damage to the landform, landscape and exterior surfaces which can also compromise safety and access.

#### OBJECTIVE

**12.9.1** To minimise erosion and the potentially damaging effects from stormwater run-off on landscape and stability of pathways.

**12.9.2** To provide effective filtration of stormwater to remove some sediment and pollutants.

**12.9.3** To prevent flooding.

**12.9.4** To slow the flow of fast moving water and debris.

#### **DESIGN GUIDANCE**

**12.9.5** Provide opportunities to increase the catchment and/or absorption of stormwater with systems such as vegetated swales, sediment basins, detention pits and porous landscape paving.

**12.9.6** Maximise areas for deep soil landscape so that plants can mature into dense stormwater catchment areas and absorb ground water.



Fig 12.9.A Sensitively landscaped stormwater detention in the gardens of a residential care facility

# for residential care facilities

## 12.10 Accessibility

One of the main functions of providing housing for seniors and people with a disability, is to provide living environments that are easy to move around for those with, amongst other things, compromised mobility and sensory function, reduced spatial awareness or poor stability and balance.

#### OBJECTIVE

**12.10.1** To observe and implement the design standards for accessibility in new building design.

**12.10.2** To understand the specific needs of older people and people with a disability.

**12.10.3** To de-stigmatise environments that cater for disabilities and that need considered design features to support mobility, wayfinding and safety.

#### **DESIGN GUIDANCE**

**12.10.4** Meet the required accessibility standards with compliant but non-institutional design solutions.

**12.10.5** Integrate accessible design requirements with public access and pedestrian pathways for all, and not create the duality of 'us and them' access routes.



## 12.11 Waste management

#### OBJECTIVE

**12.11.1** To provide a loading dock, main outdoor service area and a utility zone designed for large vehicle turning, waste collections and deliveries of goods.

This aspect of the building needs to be sizeable to accommodate commercial operations but should be clearly separated from the front entry, public and resident zones. **12.11.2** To provide waste management systems that manage health, safety and environmental issues.

**12.11.3** To provide easy to access waste disposal points for independent residents to use.

**12.11.4** To facilitate recycling of waste.

#### **DESIGN GUIDANCE**

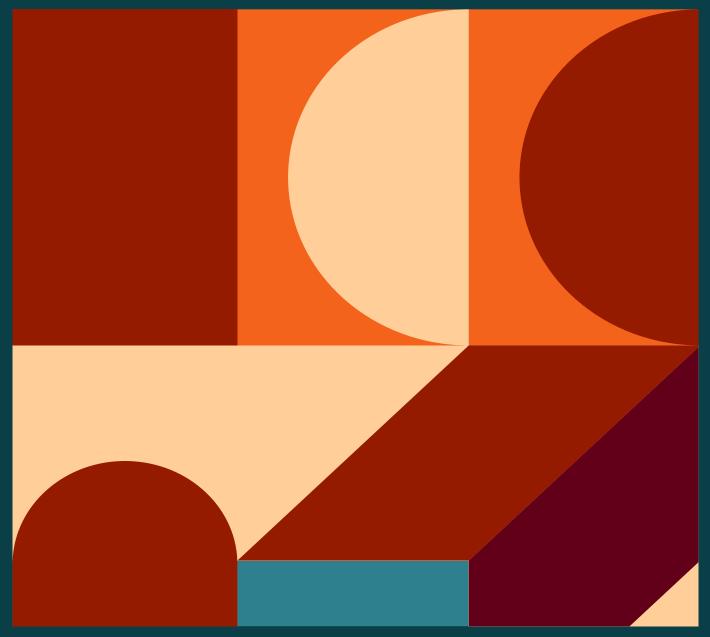
**12.11.5** Where practicable, the service area should be concealed from view from the road, and the access driveway to the service area should be independent from the front entry forecourt.

The service area should be located away from residential neighbour boundaries if possible.



Fig 12.11.A Service driveway showing loading dock area and back-of-house utilities

# 13.0 Design principles for independent living



# **Design principles** for independent living

In response to the Royal Commission, the Australian Government is investing to support older Australians to remain in their home. The provision of appropriate housing is needed for this to happen.

### 13.0 Building communities

An independent living unit development is not just an apartment building or a group of units, or villas but is equally about building a community.

Residents who choose to buy and move into a retirement living development are seeking companionship and to be a part of a community who have similar interests and needs and who can support one another.

Socialising and participation in events in communal areas outside of individual apartments is a significant aspect of life in an Independent living seniors community.



Fig 13.0.A Residents socialising in a communal area

#### OBJECTIVE

**13.1** To provide housing to accommodate for a mix of older people who may be active and independent and others who may be frail and in need of 'at home' care.

**13.2** To create environments where owner/occupants of the units can get together for activities, socialising, events and celebrations.

**13.3** To provide a place of safety, wellbeing and connection.

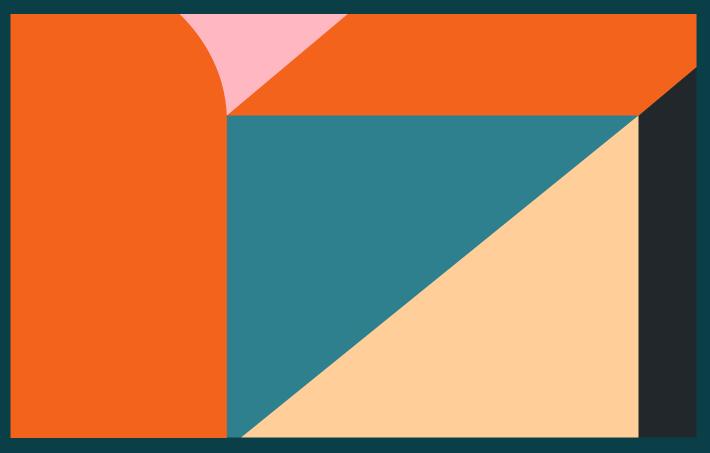
**13.4** Provide a wide variance of character and densities of developments for seniors communities to find a suitable place to choose to belong to.

#### **DESIGN GUIDANCE**

**13.5** Places where 'like-minded people' can live together will help build social cohesion and strong connections.

# **14.0 Design principles for independent living for** low density

- 14.1 Neighbourhood amenity and streetscape
- 14.2 Visual and acoustic privacy
- 14.3 Solar access and design for climate
- 14.4 Stormwater
- 14.5 Accessibility
- 14.6 Waste management



## 14.1 Neighbourhood amenity and streetscape

#### OBJECTIVE

#### DESIGN GUIDANCE

14.1.3 Introduce a high standard of

design quality to the neighbourhood.

**14.1.1** To provide single storey villa style accommodation with on grade carparking in a generous landscaped setting.

**14.1.2** To integrate with the surrounding built form context and local character.

Low density independent living provides a landscaped setting with internal shared pedestrianised roads. Residents can have attached garages or carports. Community gardens
 Shared roadway access

3 Landscaped setbacks

Streetscape with individual entries and landscaped front gardens

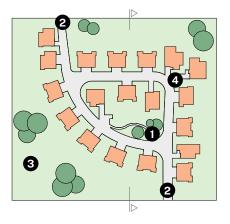


Fig 14.1.A Site plan

The provision of community gardens and shared outdoor activity spaces bring residents together.

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Fig 14.1.B Section

## 14.2 Visual and acoustic privacy

#### OBJECTIVE

#### DESIGN GUIDANCE

**14.2.1** To provide separation between communal open space and private open space.

**14.2.2** Provide generous landscape buffers for screening and acoustic privacy.



Fig 14.2.A Private outdoor space with landscaping and privacy screen



Fig 14.2.B Shared communal gardens located between private villas provide an acoustic buffer between dwellings

## 14.3 Solar access and design for climate

Designing for natural passive cross ventilation reduces demand on energy consumption.

#### OBJECTIVE

**14.3.1** To design dwellings that reduce the demand on energy.

#### **DESIGN GUIDANCE**

**14.3.2** The design and location of windows and shading should respond to the building orientation, site constraints or opportunities in order to maximise good solar access and meaningful cross ventilation. **14.3.3** Provide natural, passive ventilation, well insulated building envelope, and avoid using dark roof colours to reduce heat absorbance.

**14.3.4** Consider the use of overhangs, eaves, awnings, pergolas or verandahs to provide shading to reduce heat gain in summer.

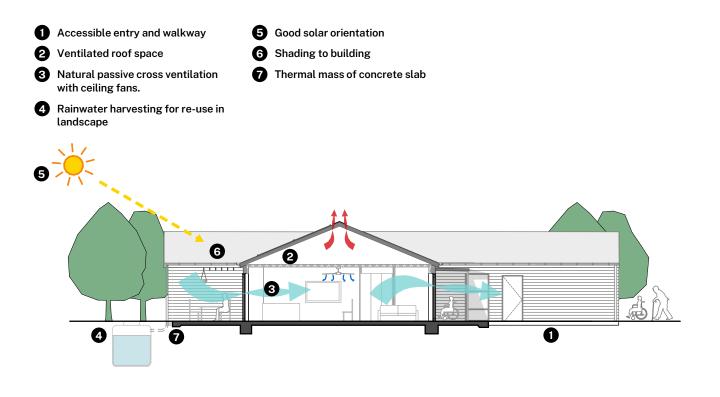


Fig 14.3.A Cross section through a typical single storey villa

## 14.4 Stormwater

Manage safe stormwater run off and drainage

#### OBJECTIVE

**14.4.1** To safely manage stormwater run off and drainage systems without compromising pedestrian safety.

**14.4.2** To minimise erosion and the potentially damaging effects from stormwater run-off on landscape and stability of pathways.

**14.4.3** To provide effective filtration of stormwater to remove some sediment and pollutants.

**14.4.4** To prevent flooding.

**14.4.5** To slow the flow of fast moving water and debris.

#### **DESIGN GUIDANCE**

**14.4.6** Provide grates and drainage pits away from pedestrian pathways.

Driveway gradients designed to

Drainage swale

Detention basin

detention basin

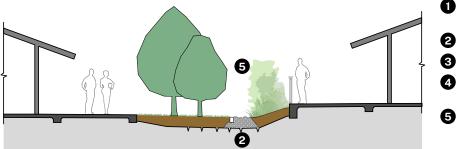
zone

direct stormwater into landscape

Drainage pipe connects swale to

Landscaped stormwater catchment

**14.4.7** Manage stormwater with landscape design and gentle gradients of hard surfaces.



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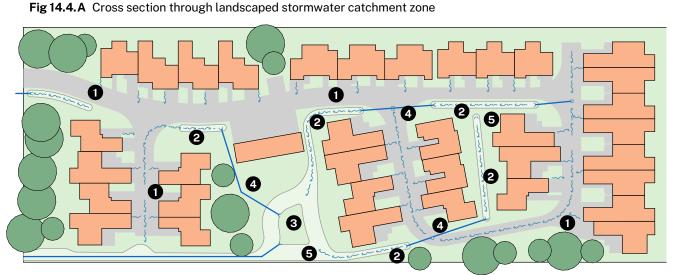


Fig 14.4.A Site plan showing driveways, landscape and stormwater catchment

### 14.5 Accessibility

One of the main functions of providing housing for seniors and people with a disability, is to provide living environments that are easy to move around for those with, amongst other things, compromised mobility and sensory function, reduced spatial awareness or poor stability and balance.

#### OBJECTIVE

**14.5.1** To observe and implement the design standards for accessibility in new building design.

**14.5.2** To understand the specific needs of older people and people with a disability.

**14.5.3** To de-stigmatise environments that cater for disabilities and that need considered design features to support mobility, wayfinding and safety.

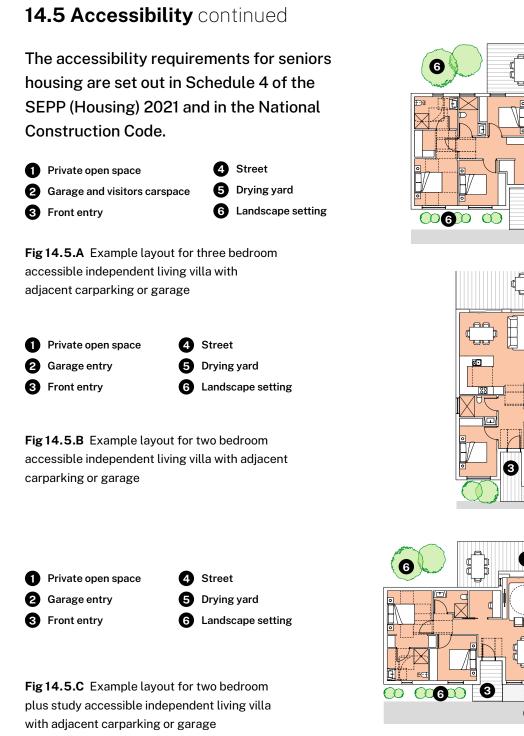
#### **DESIGN GUIDANCE**

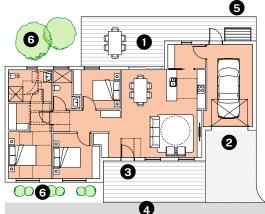
**14.5.4** Meet the required accessibility standards with compliant but non-institutional design solutions.

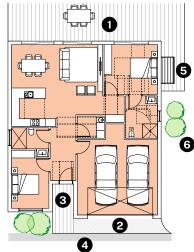
**14.5.5** Integrate accessible design requirements with public access and pedestrian pathways for all, and not create the duality of 'us and them' access routes.

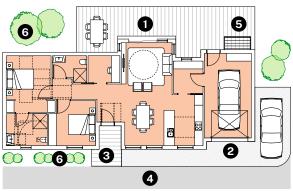


Fig 14.5.A Accessible pathway with generous width









### 14.6 Waste management

The nature and volume of waste generated from retirement living communities can potentially include medical waste.

#### OBJECTIVE

**14.6.1** To provide waste management systems that manage health, safety and environmental issues.

**14.6.2** To provide easy to access waste disposal points for independent residents to use.

**14.6.3** To facilitate recycling of waste.

#### **DESIGN GUIDANCE**

**14.6.4** Provide appropriately sized disposal points that can accommodate bins for the various waste types including recyclables.

**14.6.5** Ensure that waste collection points are safely located away from resident areas, should be screened, easy to access and preferably covered.



Fig 15.4.A Garbage bin enclosure shared by individual dwellings with screening

# **15.0 Design principles for independent living for** medium density

- 15.1 Neighbourhood amenity and streetscape
- 15.2 Solar access and design for climate
- 15.3 Stormwater
- 15.4 Crime prevention
- 15.5 Accessibility
- 15.6 Waste management



### 15.1 Neighbourhood amenity and streetscape

#### OBJECTIVE

#### DESIGN GUIDANCE

**15.1.1** To provide two or three storey housing clusters where the scale and massing is articulated and separated to respect the character and pattern of the suburban surroundings.

**15.1.2** To positively enhance the streetscape and uplift the quality of built form in the neighbourhood, and provide a landscape buffer to soften the development.

**15.1.3** Where practicable, preserve existing mature trees to maintain the landscape character of the streetscape.

**15.1.4** Consider opportunities for meaningful landscape, usable outdoor spaces, and vegetation to soften the built form and provide privacy.



Fig 15.1.A Duplex development with generous front landscaped setback and mature tree preservation

### 15.1 Neighbourhood amenity and streetscape continued

#### OBJECTIVE

#### DESIGN GUIDANCE

**15.1.5** To provide clearly identifiable and accessible shared pedestrian and vehicular entries, driveways and paths. **15.1.6** Provide a safe, well lit accessible path to an easily identifiable entrance lobby.





Fig 15.1.B Street elevation



Fig 15.1.C Shared driveway provides vehicular access to onsite carparking for the whole development

### 15.2 Solar access and design for climate

#### OBJECTIVE

**15.2.1** To design buildings that suit the climate zone of the development.

15.2.2 To design for:

- thermal comfort
- humidity
- air-movement
- shading
- daylight
- solar access

**15.2.3** To optimise the building envelope's thermal protective qualities to maximise efficient use of energy for heating and cooling.

**15.2.4** To maximise access to natural daylight to reduce dependence on electric lighting.

#### **DESIGN GUIDANCE**

**15.2.5** Undertake a detailed site analysis to determine the direction of cross breezes, types of weather patterns and path of the winter and summer sun.

Orientate the building to capture breezes and to optimise solar access.

**15.2.6** Provide ceiling fans and design for natural cross ventilation. Provide window shading for protection from summer sun and allow winter sun to penetrate the building.

**15.2.7** Insulate roofs and avoid dark roof colours that absorb excessive heat.

**15.2.8** Make opportunities to enable natural cross ventilation through apartments. Where possible, include single loaded open walkways to facilitate this.

### The significant benefits of single loaded open walkways around a courtyard garden include;

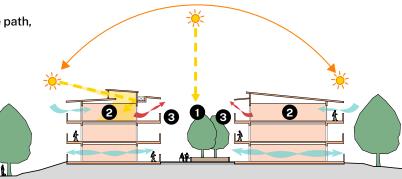
- 1. The ability to provide optimal cross ventilation,
- 2. A safe enclosed outdoor garden,
- 3. Opportunities for occupants to interact casually and to see one another across the courtyard,
- 4. Health benefits of a covered outdoor exercise path, and
- 5. Connection to nature

Protected courtyard

2 Natural cross-ventilated apartments

**3** Open walkways

Fig 15.2.A Section



## 15.2 Solar access and design for climate continued

#### **DESIGN GUIDANCE**

**15.2.9** Provide a range of outdoor and semi-outdoor settings that provide appropriate seasonal responses e.g. shaded outdoor space in summer, and sunny outdoor space in winter.

Provide private balconies for fresh air that allows cross breeze and natural light. On ground levels, provide communal green spaces for gardening and walking to promote health and activity. Aim to provide generous natural light and natural ventilation to interiors by keeping floorplates narrow.

Single-loaded open walkways around a common courtyard space enables healthy cross ventilation of apartments and a connection to nature and other residents. Single-loaded open corridors around an internal courtyard space provides a safe external environment where casual surveillance and 'looking out for each other' can occur easily.

This type of configuration supports exercise and socialising with protected outdoor spaces.

'Keep it real' wherever possible. Real views, real daylight.



Fig 15.2.B Independent living units showing benefits of a courtyard design with single loaded walkway

### 15.3 Stormwater

#### OBJECTIVE

**15.3.1** To minimise erosion and the potentially damaging effects from stormwater run-off on landscape and stability of pathways.

**15.3.2** To maintain safe access through the site.

#### **DESIGN GUIDANCE**

**15.3.3** Provide opportunities to increase the catchment and/or absorption of stormwater with systems such as vegetated swales, sediment basins, detention pits and porous landscape paving.

**15.3.4** Maximise areas for deep soil landscape so that plants can mature into dense stormwater catchment areas and absorb ground water.



**Fig 15.3.A** Existing mature tree defines generous landscaped area and open space which creates improved privacy and separation

### 15.4 Crime prevention

#### OBJECTIVE

**15.4.1** To encourage crime awareness and passive community surveillance to deter crime.

#### **DESIGN GUIDANCE**

**15.4.2** Front entries to shared lobbies can be glazed to give transparency and visual links through.

**15.4.3** Design to facilitate/allow surveillance from dwellings to the street.

**15.4.4** Provide access control to shared communal lobbies.

**15.4.4** Provide lighting to common areas and walkways and ensure any basement parking is well lit 24 hours a day.



Fig 15.4.A Clearly identifiable accessible entry to shared lobby is visible from the street. Glazed doors provide visual access to the outside

### 15.5 Accessibility

#### OBJECTIVE

**15.5.1** To provide clearly identifiable and accessible shared pedestrian entry for small clusters of dwellings.

**15.5.2** To provide accessible and adaptive housing to meet the needs of physical ageing and mobility issues.

#### **DESIGN GUIDANCE**

**15.5.3** The design of shared entries, letterboxes and lift lobbies should be accessible, and provide adequate circulation for small groups of people.

**15.5.4** Design apartments with adequate circulation, clearances and overall room dimensions, so that they can be adapted to the individual needs as mobility levels decrease.

**15.5.5** Provide level access to private or communal outdoor spaces and gardens and consider incorporating places to sit, rest or meet with other residents.



Fig 15.5.A Accessible pedestrian access

## 15.5 Accessibility continued

Example unit layouts The accessibility requirements for seniors housing are set out in Schedule 4 of the SEPP (Housing) 2021 and in the National Construction Code.



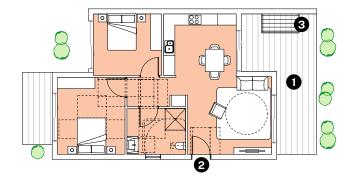
**Fig 15.5.B** Example layout for two bedroom accessible independent living unit

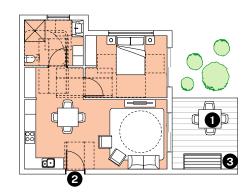


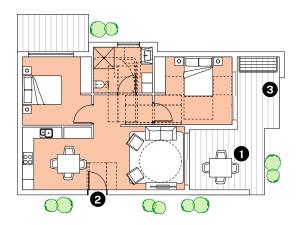
**Fig 15.5.C** Example layout for one bedroom accessible independent living unit



**Fig 15.5.D** Example layout for two bedroom accessible independent living unit







### 15.6 Waste management

The nature and volume of waste generated from retirement living communities can potentially include medical waste.

#### OBJECTIVE

**15.6.1** To provide waste management systems that manage health, safety and environmental issues.

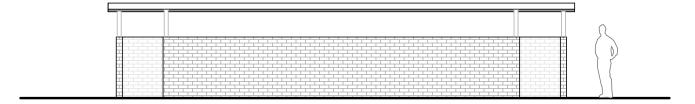
**15.6.2** To provide easy to access waste disposal points for independent residents to use.

**15.6.3** To facilitate recycling of waste.

### **DESIGN GUIDANCE**

**15.6.4** Provide appropriately sized disposal points that can accommodate bins for the various waste types including recyclables.

**15.6.5** Ensure that waste collection points are safely located away from resident areas, are covered and easily accessible.



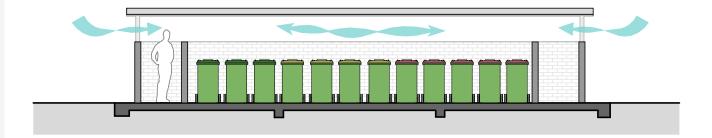


Fig 15.6.A Recycling in basement back-of-house

# **16.0 Design principles independent living for** high density

- 16.1 Neighbourhood amenity and streetscape
- 16.2 Solar access and design for climate
- 16.3 Stormwater
- 16.4 Crime prevention
- 16.5 Accessibility
- 16.6 Waste management
- 16.7 Entrances
- 16.8 **Basement access and carpark**
- 16.9 **Open space and landscape**



# 16.1 Neighbourhood amenity and streetscape

" To understand good design, is to understand people. Design is made for people." DIETER RAMS

#### OBJECTIVE

**16.1.1** To diminish or remove the negative stigma around aged care and retirement living, and identify it as a desirable and sought out place to live and work.

**16.1.2** To positively enhance the streetscape.

#### DESIGN GUIDANCE

**16.1.3** The design should enhance the streetscape and proudly integrate into the existing context.

**16.1.4** Provide a development that embodies design excellence to uplift the future attributes of the local area. **16.1.5** Introduce new landscaping and shade trees.



Fig 16.1.A Articulated façades and prominent front entry

## 16.2 Solar access and design for climate

### Example floor plate layouts

Healthy independent living communities are formed between residents who are able to share a communal environment outside of their own private space. Maximise use of north aspect to shared resident spaces outdoor on each floor

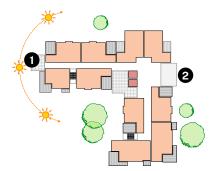
- 2 Communal shared outdoor gardens connect communities and also provide casual surveillance and security
- 3 Drying room/ breezeblock terrace
- 4 Car parks



**Fig 16.2.A** Example independent living unit arrangement

A common outdoor terrace provides an alternative aspect from resident's own independent living unit. A shared naturally ventilated drying area reduces reliance on mechanical driers and brings people together.

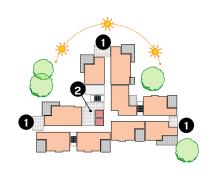
- Communal shared outdoor terrace on each floor, ideally with northern aspect
- 2 Drying room/ breezeblock terrace



**Fig 16.2.B** Example independent living unit arrangement

Clusters of independent living units on each level enable social cohesiveness and manage corridor distances from the lifts. Maximum daylight accessed in corridors from shared terraces reduces the need for artificial lighting.  Shared communal terraces at corridor ends can bring daylight into corridors

Drying room/ breezeblock terrace



**Fig 16.2.C** Example independent living unit arrangement

### 16.3 Stormwater

### OBJECTIVE

**16.3.1** To minimise erosion and the potentially damaging effects from stormwater run-off on landscape and stability of pathways.

**16.3.2** To provide effective filtration of stormwater to remove some sediment and pollutants.

#### **DESIGN GUIDANCE**

**16.3.3** Provide opportunities to increase the catchment and/or absorption of stormwater with systems such as vegetated swales, sediment basins, detention pits and porous landscape paving.

**16.3.4** Maximise areas for deep soil landscape so that plants can mature into dense stormwater catchment areas and absorb ground water.



Fig 16.3.A Wide landscaped drainage swale with drainage pits to building perimeter

### **16.4 Crime prevention**

The design of buildings, their visibility, presentation and the spaces around them influence the sense of safety and opportunity for intrusion. There is documented evidence that crimes against people and property are connected to the design of built environments.

### OBJECTIVE

**16.4.1** To safely manage the transitions between inside and outside and between public and private spaces.

**16.4.2** To ensure residents, visitors and staff feel visible and seen.

**16.4.3** To provide accessways and connections that are protected.

### DESIGN GUIDANCE

**16.4.4** Facilitate opportunities for casual passive surveillance in multistorey independent living buildings with views from balconies to public areas below.

**16.4.5** Provide well lit pathways, thresholds and transitions between inside and outside and at property boundaries.

**16.4.6** Install movement sensor lighting.

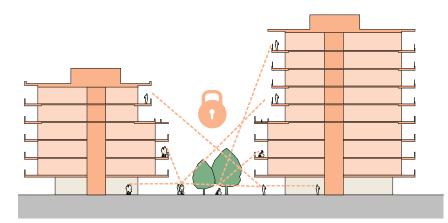


Fig 16.4.A Passive surveillance of ground plane from balconies



**Fig 16.4.B** Outdoor walkway with good lighting and sightlines

# 16.5 Accessibility

### OBJECTIVE

**16.5.1** Independent living units are to be designed to be accessible or able to be adapted for accessibility, if required.

Independent living units are intended for 'ageing in place' - an adaptive home where older people can continue to live, even with considerable frailty, accessing care services and using assistive technologies as needed.

Independent living units need to be designed with the spatial dimensions to support the use of these technologies, including mobility equipment, while providing a safe environment for personal carers to attend to their client. It can be efficient to connect groups of units and their lift cores across a floor level for safe access and connections for staff and residents.

Smaller studio-sized units clustered together as a care community can help care staff to manage residents effectively.

#### **DESIGN GUIDANCE**

**16.5.2** Arrange independent living units on each floor with clear sightlines to and from lifts.

Manage corridor lengths and cluster groups of units around a common core.

Number of units which are accessed by each lift core may need to suit the provision of care and serviceability for staff and carers. Lifts need to be sized to accommodate mobility equipment and also ambulance stretcher.

Articulate corridors with indents at unit thresholds to allow residents to personalise their own entries and for wheelchairs and walkers to park.



Fig 16.5.A Allow wide space between kitchen benches for wheelchair, walker or mobility scooter

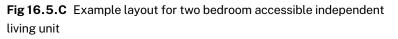
## 16.5 Accessibility continued

The accessibility requirements for seniors housing are set out in Schedule 4 of the SEPP (Housing) 2021 and in the National Construction Code.

Opportunities for passive cross ventilation.

**Fig 16.5.B** Example layout for one bedroom accessible independent living unit (located on corner)

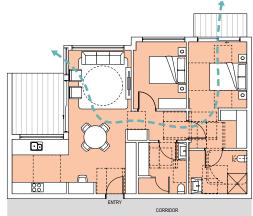
Opportunities for passive cross ventilation.

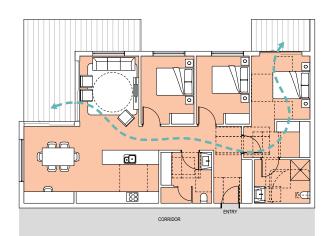


### Opportunities for passive cross ventilation.

**Fig 16.5.D** Example layout for three bedroom accessible independent living unit (located on corner)

LORDOR





### 16.6 Waste management

The nature and volume of waste generated from retirement living communities can potentially include medical waste.

### OBJECTIVE

**16.6.1** To provide waste management systems that manage health, safety and environmental issues.

**16.6.2** To provide easy to access waste disposal points for independent residents to use.

**16.6.3** To facilitate recycling of waste.

#### DESIGN GUIDANCE

**16.6.4** Provide appropriately sized disposal points that can accommodate bins for the various waste types including recyclables.

**16.6.5** Ensure that waste collection points are safely located away from resident areas, are covered and easily accessible.

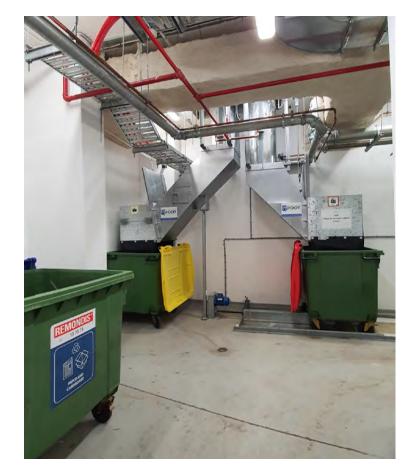


Fig 16.6.A Recycling in basement back-of-house

# 16.7 Entrances

### OBJECTIVE

**16.7.1** To provide a prominent and preferably covered front entrance with car drop-off space nearby. To provide space for an ambulance with sufficient height and cover.

**16.7.2** To provide secure entry for pedestrian access into the building from street level. To provide entry lobbies that are easily identifiable and located for easy access from the street or on-grade carpark.



**Fig 16.7.A** Porte cochere entry with ambulance parking



Fig 16.7.B Covered front entrance with drop-off and covered ambulance space

## 16.7 Entrances continued

### **DESIGN GUIDANCE**

**16.7.1** A single main lobby with a reception and concierge desk is common in independent living unit developments as a point of contact and provides security. The entrance lobby facilitates social interaction between residents as well as staff. Mailboxes and parcel deliveries should be located near the entry. Mailboxes require a protected, secure, covered area, preferably indoors, yet close to the road, and must be wheelchair accessible.

Deliveries of supermarket orders and other goods can be managed through the concierge as a drop-off or security check-in point for visitors entering the building. Lifts and lift lobbies should be clearly visible and easy to locate.



Fig 16.7.C Secure entry and reception with concierge controlling mail and deliveries

### 16.8 Basement access and carparking

#### OBJECTIVE

**16.8.1** To provide vehicular access in and out of a basement that is clearly identifiable, legible and well sign-posted.

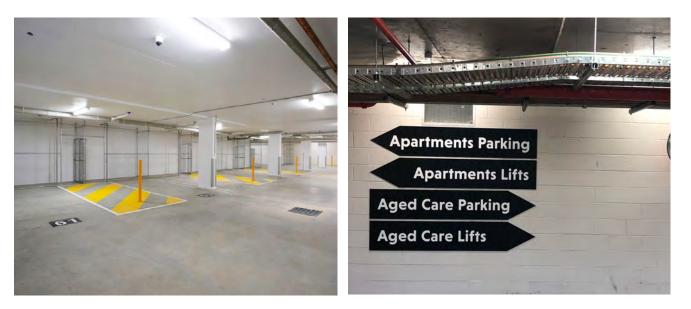
#### **DESIGN GUIDANCE**

**16.8.2** Ease of entry should be supported with a level stopping point for access to intercom and secure access at the security threshold.

Clear sightlines are required or separate driveways for each direction. Paths for pedestrian access to and from basement carpark must provide safe access away from vehicle movements. **16.8.3** Increasingly, resident car use is expected to become a combination of privately owned cars, share cars owned by the development, or a concierge car service, with or without a driver.

Car parking should be designed to be flexible to meet the changing needs into the future. The amount of disabled car parking may increase with ageing in place becoming a common scenario.

Resident carparking should be designed to meet future need of electric vehicles with easy-to-reach car charging points.



**Fig 16.8.A** Accessible car parking with storage cages for each unit

Fig 16.8.B Legible signage in carpark basement

16.8 Basement access and carparking continued

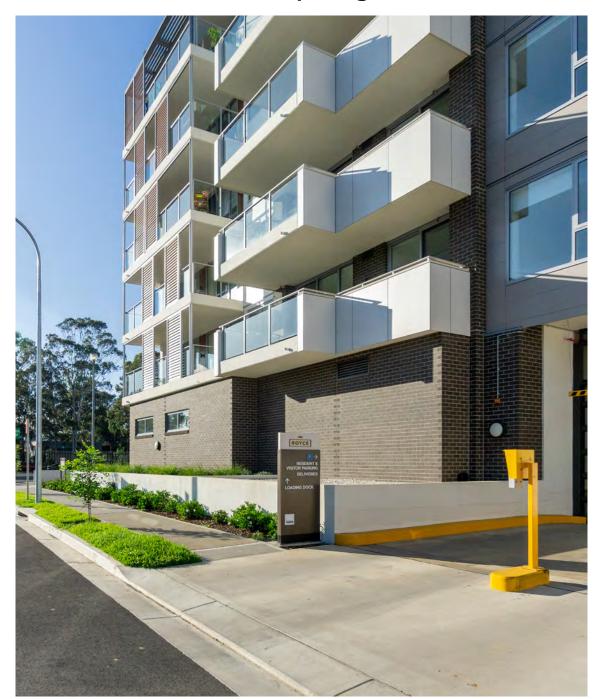


Fig 16.8.C Basement carpark entry with clear signage and level threshold

# 16.9 Open space and landscape

### OBJECTIVE

**16.9.1** To integrate nature and landscape into the building's function — not only as decorative or passive elements, but as key programmatic aspects for healing and health.

### **DESIGN GUIDANCE**

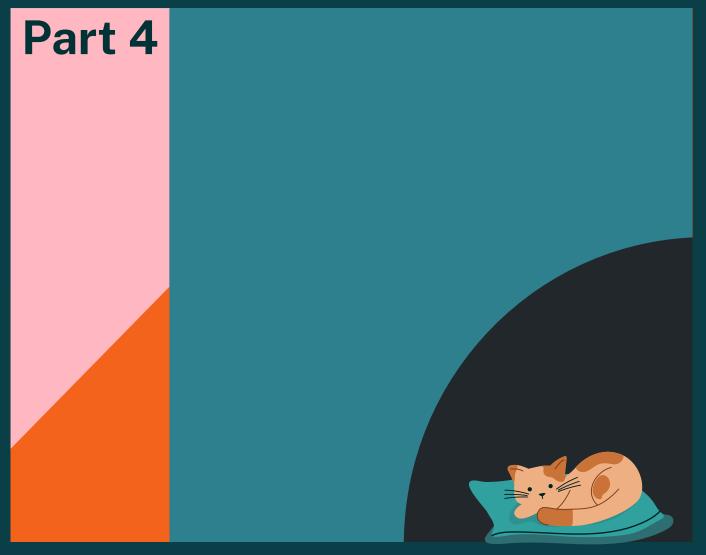
**16.9.2** Stagger and articulate setback distances and maximise setbacks for meaningful use, including to utilise deep soil for mature shade trees to establish and flourish. **16.9.3** Use setback spaces for purposeful outdoor recreation, for screen planting and privacy and to maintain healthy biodiversity.



**Fig 16.9.A** Provision of meaningful outdoor spaces in a development with a co-located residential care facility and retirement living units, with common outside areas and generous landscaping

# Checklist

- 17.0 SEPP (Housing) 2021 checklist
- 18.0 Alignment with the Apartment Design Guide (ADG)
- 19.0 Alignment with other design guides SDA, LHA



# 17.0 SEPP (Housing) 2021 Checklist

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		ZONE	SELECT ZONE	PERMITTED IN ZONE	RFB's NOT PERMITTED IN THE ZONE	ADDITIONAL FLOOR SPA RATIOS MAY APPLY	TYPE OF HOUSING	ENVIRONMENTAL PROTECTION	AREA	SITE FRONTAGE	ACCESS TO SERVICES AND FACILITIES	MAXIMUM BUILDING HEIGHI	NUMBER OF STOREYS	SENIORS HOUSING GROUND FLOOR	FSR	RELATIONSHIP TO ADG	RELATIONSHIP TO NDIS/SD/ Housing	RELATIONSHIP TO NDIS/SDA Housing	NOTE	EXEMPTIONS
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		Residential																		
		R2 Low Density Residential																		
		R3 Medium Density Residential																		
		R4 High Density																		
		Residential E1 Local Centre																		
		E2 Commercial																		
		Centre E3 Productivity																		
		Support MU1 Mixed Use					-													
		B1 Neighbourhood Centre																		
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		B5 Business																		
		Development B6 Enterprise Corridor																		
		B7 Business Park																		
		B8 Metropolitan Centre																		
≻		SP1 Special Puposes																	REFER TO S 86	
BILIT		SP2 Infrastructure SP4 Enterprise																	REFER TO S 86 REFER TO S 79(o1)	
ISSI		SP5 Metropolitan																		
PERMISSIBILITY		Centre RE2 Private																	LAND MUST HAVE AN EXISTING REGISTERED CLUB,	
_		Recreation																	OR ADJOIN A PRESCRIBED ZONE. REFER TO S 86	
		LAND THAT IS USED FOR AN																	SENIORS HOUSING AND CLUB FUNCTIONS TO BE SUITABLY SEPARATED	
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		DISABILITY HOUSIN	IG																	
		BUSHFIRE HAZARD	)																REQUIRES CONSULTATION WITH NSW RURAL FIRE SERVICES	
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		ENVIRONMENTALL	Y SENSIT	IVE LAND															REFER TO S 99	
		ARCHAEOLOGICAL HERITAGE	SITE																	
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		SITE FRONTAGE	IS STREE	ET FRONT	AGE 20m (	OR MORE													REQUIRED FOR ALL SENIORS HOUSING DEVELOPMENTS	OR ANOTHER SOCIAL HOUSING PROVIDER.
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	SITE RELATED REQUIREMENTS	ACCESSIBILITY	FOR IND	EPENDEN	T LIVING L	INITS													ACCESSIBLE PATHWAY TO PUBLIC TRANSPORT WITHIN 400m OF THE DEVELOPMENT SITE	
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ARD:	неюнт	-																	PERMISSIBLE BUILDING HEIGHT	
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DEVELOPMENT STANDARDS	SENIORS	IN A BUSINESS																	NOT PERMITTED ON PART OF THE SITE THAT	
DE	HOUSING ON GROUND FLOOR	ZONE																	FRONTS AN ACTIVATED STREET FRONTAGE	
	FSR	FOR INDEPENDENT																	FSR 0.5:1 OR LESS FSR 1:1 OR LESS	
L																				

# **18.0 Alignment with the** Apartment Design Guide (ADG)

This Guide outlines the intent of SEPP (Housing) 2021 and provides guidance for seniors housing developments. Some of the design principles in this guide align with the intent of the ADG for high density (3 or more storeys) Independent Living, and the Design Qualities outlined in the ADG and Chapter 4 of SEPP (Housing) 2021 are a good reference for common design challenges and can assist in the design of Seniors Housing.

The design of high density seniors housing may benefit from referencing the general good design guidance set out in ADG, and can be used in conjunction with seniors housing design guide where applicable. The summary below reviews the relationship between the ADG and the SEPP (Housing) 2021, and notes special considerations and/ or deviations from the design principles in the ADG when it comes to seniors housing, such as approaches to privacy, building entries, accessibility, etc. This section of the Guide highlights the seniors specific design criteria and provides an explanation for the deviation from the ADG.

Ser An	
	Apartment Design Guide
0	Tools for improving the design of residential apartment development
	Naw Planning A

About this guide/ standard	<b>The Apartment Design Guide</b> is a resource to improve the planning and design of <u>residential apartment</u> development in NSW. The Apartment Design Guide used in conjunction with <u>'Chapter 4 of SEPP (Housing) 2021</u> sets out the NSW Government's policy direction for residential apartment development in NSW.	Relationship with SEPP (Housing) 2021
Aims	This Apartment Design Guide will help to achieve better design and planning for residential apartment development, by providing benchmarks for designing and assessing these developments. The design criteria set a clear measurable benchmark for how the objective can be practically achieved. If it is not possible to satisfy the design criteria, applications must demonstrate what other design responses are used to achieve the objective and the design guidance can be used to assist in this.	
	SEPP 65 and the <b>Apartment Design Guide</b> apply to residential flat buildings, shop top housing and the residential component of mixed use developments. They apply to buildings that are three or more storeys and that have four or more Independent Living or <b>Specialist Disability</b> <b>Accommodation</b> Units, where the unit is a separate dwelling.	
	Part 1 Identifying the context	Good guidance

	Part 2 Developing the controls	
	2a primary controls:	Good guidance
	2b building envelopes:	Good guidance
	2c building height	Good guidance
	2d floor space ratio:	Good guidance
	2e building depth:	Required accessible design standards may exceed specific unit and building depths prescribed in the apartment design guide.
	2f building separation:	Good guidance
	2g street setbacks:	Good guidance
	2h side and rear setbacks:	Good guidance
Criteria	Part 3 Sitting the development	
	3A Site analysis	Good guidance
	3B Orientation	Good guidance
	3C Public domain interface	Good guidance
	3D Communal and public open space	Good general guidance. In some seniors housing developments there may not be a requirement for public open space due to privacy and safety concerns.
	3E Deep soil zones	Good guidance.
	3F Visual privacy	Good guidance. When designing balconies consider that Seniors Housing developments may require different degrees of privacy. It can be beneficial for residents to be able to greet and acknowledge one another from their own balconies. 'Looking out for one another' is part of a supportive senior's community. When designing balconies, consider that Seniors Housing may require different degrees of privacy.
	3G Pedestrian access and entries	Good guidance, however consider that multiple building entries may be difficult to manage for security and resident interaction in Independent Living developments. It may be preferable to have one single point of entry to a concierge reception lobby where residents can connect and interact. A common lobby gives staff access to residents to monitor wellbeing and be available to assist.
	3H Vehicle access	Good guidance
	3J Bicycle and car parking	Good guidance

Criteria	Part 4 Designing the building	
	4A Solar and daylight access	Good guidance, however consider that Independent Living and Disability Housing cannot have mezzanine level apartments with stairs. Courtyards and lightwells could be used to provide daylight to bedrooms other than the primary bedroom as these are often for guests, workspace or temporary use.
	4B Natural ventilation	Good guidance
	4C Ceiling heights	Good guidance
	4D Apartment size and layout	Good guidance. Independent living units will typically exceed the minimum apartment sizes in the ADG to meet accessibility requirements.
	4EPrivate open space and balconies	Good guidance
	4F Common circulation and spaces	Good guidance. When designing independent living unit developments, consider that these are designed for ageing in place and need to facilitate care staff to be able to access many apartments on a floor and where possible, buildings can be linked on each floor for ease of access. Resident communities are encouraged to socialise and interact on each floor and circulation spaces can include lounges and sitting areas.
	4G Storage	Good guidance. Independent living units are typically greater in size than the minimum sizes in the ADG. The storage requirements in the ADG are desirable in seniors housing if it can be accommodated without increasing the apartment area yet maintaining accessibility standards.
	4H Acoustic privacy	Good guidance
	4I Noise and pollution	Good guidance
	4J Configuration	Good guidance
	4K Apartment mix	The apartment mix in seniors housing is typically driven by the retirement living operator and the market demand from downsizing. A suitable mix of market driven sizes and affordable smaller units is appropriate.

4L Ground floor apartments	Good guidance. When designing consider that seniors housing needs to offer safety and security which may require seniors housing apartments on the ground floor to be accessed internally from a secure lobby or corridor. Outdoor gardens and terraces on the ground floor may also need to securely enclosed.
4M Facades	Good guidance
4N Roof design	Good guidance
40 Landscape design	Good guidance
4P Planting on structures	Good guidance
4Q Universal design	Good guidance
4R Adaptive reuse	Good guidance
4S Mixed use	Good guidance
4T Awnings and signage	Good guidance
4U Energy efficiency	Good guidance
4V Water management and conservation	Good guidance
4W Waste management	Good guidance
4X Building maintenance	Good guidance

# **19.0 Alignment with other design guides** - SDA LHG

The Seniors Housing Design Guide provides guidelines for seniors housing developments, some of which may also fall under Specialist Disability Accommodation, or the Livable Housing Guidelines.

This section in the Guide provides a brief overview of the intent of the SDA Design Standards and Livable Housing Guidelines and their alignment and relationship with SEPP (Housing) 2021.





### About this standard

The **SDA Design Standard** sets out the detailed design requirements that shall be incorporated into **new built** <u>Specialist Disability Accommodation</u> under the National Disability Insurance Scheme.

The **SDA Design Standards** have been crafted with the intention of improving the lives of participants by assisting them to live in their <u>own home</u> that meets their individual needs and is situated in communities that facilitate <u>social connections</u> and a <u>sense of belonging</u>

Consistent with accessible design standards

#### About this guide

**The Livable Housing Design Guidelines** provide useful information for consumers seeking to introduce <u>livable</u> <u>design features</u> into a new home or could be readily applied within an existing home during renovation or refurbishment.

**Livable homes** include key easy living features that make them <u>easier and safer</u> to use for all occupants including: <u>people with disability</u>, <u>ageing Australians</u>, people with temporary <u>injuries</u>, and families with <u>young children</u>.

Consistent with accessible design standards

A livable home is designed to: <u>be easy to enter</u>, be <u>easy</u> <u>to navigate</u> in and around, be capable of <u>easy and cost-</u> <u>effective adaptation</u>, and be responsive to the <u>changing</u> <u>needs</u> of home <u>occupants</u>

**The Livable Housing Design Guidelines** describe livable design elements which provide guidance on what performance is expected to achieve <u>LHA's Silver, Gold</u> or <u>Platinum level</u> accreditation



Planning & Environment